

# Memorial EAP Eldercare Assessment

Caring for an aging parent or elderly spouse presents tough challenges. Colleagues with eldercare responsibilities often balance work responsibilities with the needs of their elderly loved ones. This can lead to increased stress and isolation for a caregiver colleague. Many colleagues are not sure of the next step, or even the first step, for where to turn for help.

## Guidance when you need it

Whether you are anticipating your elder family member's needs for assistance or you are facing a sudden change in their independence, the eldercare assessment benefit can help to identify the starting point or next step and provide guidance and tools to carry out a plan that promotes the elder family member's health, safety and quality of life.

Eldercare assessment services provide advocacy and support for those who are making decisions about care for aging loved ones. The program offers assessment and recommendations in the following areas:

- Medical history
- Physical and cognitive status
- Medication regimen
- Living environment
- Financial and legal concerns

## Expertise and support

Eldercare assessment services are provided by an experienced registered nurse or licensed social worker. Their expertise can help colleagues and loved ones find solutions to live independently in their homes or determine whether they should consider assisted living or skilled nursing care. Colleagues are eligible for up to four eldercare assessments per calendar year. Services to colleagues within a 60-mile radius of Springfield will be performed face-to-face. Colleagues outside of this radius will have services provided via video over Microsoft Teams.

Following this comprehensive assessment, recommendations will be provided to the colleague. This may include suggestions for care options and living arrangements, meal delivery and in-home services, transportation and other community resources.



217-788-9345



Available 24/7



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