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LINCOLN
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SPRINGFIELD
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TAYLORVILLE
MEMORIAL FOUNDATION



Community Update

2024



Your Support Helps Us Improve the Health of Our Communities

Whenever you donate to one of our five foundations, you invest in our mission to improve the health of the communities we serve. Your gifts stay local, and you have the power to choose which area programs to support.

Your generosity enhances our efforts to advance patient care and fulfill our mission. We use your donations to invest in the latest equipment and technology. You support our colleagues as they pursue continuing education and advanced certifications that help them provide the best care. You make it possible to provide health screenings for people who might not otherwise receive care, and you fund efforts that provide additional support for people battling cancer and other life-changing illnesses.

The following pages tell the stories of how your support truly makes a difference. You are a vital partner in our mission, and WE THANK YOU.



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**WAYS TO
GIVE**

DMF



JMF

LMF

SMF

TMF



WILLIAM P. SHADE IV
Chair
Decatur Memorial Foundation



DREW EARLY
President & CEO
Decatur Memorial Hospital



Dear Friends,

As we reflect on the past year, I am filled with gratitude for the support and dedication of our donors in Decatur and the surrounding communities. This year has been one of remarkable achievements not only for the hospital but also our foundation. Our commitment to providing local healthcare services has never been stronger.

Here's a snapshot of how your support has helped our community:

WSOY Food Drive has helped raise an astonishing 23 million pounds of food during its 20-year history.

DMH Auxiliary helped countless colleagues at DMH with the annual **Holiday Giving Tree** making the season a little easier and brighter.

A **free movie night** at the Avon provided information on the importance of prostate and breast cancer screenings.

Fun and interactive education activities taught kids about good health and nutrition through **Mercy Market** and the **Power of Produce (POP) Club**.

Local high school students received **healthcare and agriculture scholarships**.



These types of outreach efforts would not have been possible without you and the support of our donors, volunteers and staff. Your commitment to our mission has been the driving force behind our success.

As we look ahead, we remain focused on our mission to improve lives and build stronger communities through better health. We are excited about the opportunities that lie ahead and are confident that, with your continued support, we will achieve even more.

WE SINCERELY THANK YOU FOR BEING AN INTEGRAL PART OF OUR DECATUR MEMORIAL FOUNDATION'S JOURNEY FORWARD.

William P. Shade IV, *Chair*
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Kathy A. Byerly
Ali M. Doolin-Hupp
Kara J. Johnston
Caleb J. Jump
Juanita M. Morris, PhD
Craig Wynne



total donors

227



total gifts

1,148



total donations*

\$497,716



total projects funded*

\$2,015,678

*OCT. 1, 2023 – SEPT. 30, 2024



DMF Cancer Care

A cancer diagnosis can be overwhelming, but thanks to donors, multiple avenues of support are available to patients through the Decatur Memorial Foundation.

For the last several years, the foundation has provided funding for multiple community cancer care initiatives at Decatur Memorial Hospital (DMH), including: free screenings, take-home nutrition kits for patients, gas gift cards to help patients pay for the cost of travel for treatment, upgraded equipment for targeted radiology and more.

“The generosity of Decatur Memorial Foundation donors makes a huge difference for cancer patients and community members,” said Jill Andrews, manager of medical imaging services at Memorial Cancer Care in Decatur. “With foundation support, we were able to increase the number of people reached with free screenings, educational resources, nutrition kits, financial assistance and more.”

Thanks to donor support, cancer-related programs helped more people in 2024 than the year previously.

In March, the foundation funded the distribution of free colorectal screening kits available with drive-thru pickup. Recipients of the kits are supposed to return them with the sample within a ten-day window. In 2024, Jill’s team added an extra step in the process,

reaching out and calling recipients with a reminder of when they needed the kits back, which helped improve kit return numbers.

In October, 132 men took advantage of free prostate screenings in partnership with SIU physicians and nurse practitioners, an 8% increase from 2023. Of the 132 screenings, 25 registered abnormal.

“That’s 25 men who received important health information based on a free screening provided through foundation funding,” Andrews said. “Twenty-five people referred back to their primary physician to receive direction on next steps – potentially ensuring a more positive health outcome.”

Nutrition kits are another program the foundation funds in conjunction with dietitians who work closely with patient navigators. Too often, cancer patients lose weight because of the disease and side effects of chemotherapy or radiation. However, patients who can maintain their weight usually have better outcomes after treatment and recover much faster. To help them do that, the foundation funds nutrition kits that provide patients with high protein and high calorie meals.

“Nutrition is vital when it comes to cancer treatment and healing because the side effects of chemo and radiation, like nausea, vomiting, taste changes, lack of appetite, mouth sores, extreme fatigue and other symptoms impact how much a person eats,” said Emily Sellers-Cook, a clinical dietitian with DMH. “Good nutrition during cancer treatment helps patients maintain their muscle mass and strength.”

The kits contain easy to prepare foods packed with protein and extra calories. A booklet that provides tips for adding protein and calories to the daily diet and recipes is also included.

Foundation-funded Early Detection Connection Initiatives in 2024 included Free Movie Night at the Avon with a brief physician intro of breast cancer and prostate cancer awareness. Also included were free Mammo Mondays in October, which helped under-insured women schedule and receive mammograms.

A Breast Cancer Kit drive-thru giveaway distributed 600 kits filled with fun freebies (pink ribbon cosmetic bag, sports bottle, locally-made sweet treats) plus a free breast exam shower card for self-exams and information on how to register for free Mammo Mondays.

“It’s great to have foundation support for such a wide variety of initiatives,” Andrews said. “These are all important ways for us to raise awareness to our community about cancer screenings and help patients who are undergoing treatment.”



KerbyStrong 100 Celebrates 10 Years of Giving Back

The KerbyStrong 100 at the Macon Speedway hit a ten-year milestone of raising money to help cancer patients through the Decatur Memorial Foundation.

Kerby Damery had a passion for racing and lived life to the fullest. Even after being diagnosed with appendix cancer in 2007, he continued racing his late model series car and never lost his positive attitude.

Kerby passed away on Feb. 8, 2015, at the age of 49. To honor his vibrant spirit and passion for racing, his wife, Nikki, and their two sons founded the KerbyStrong Foundation.

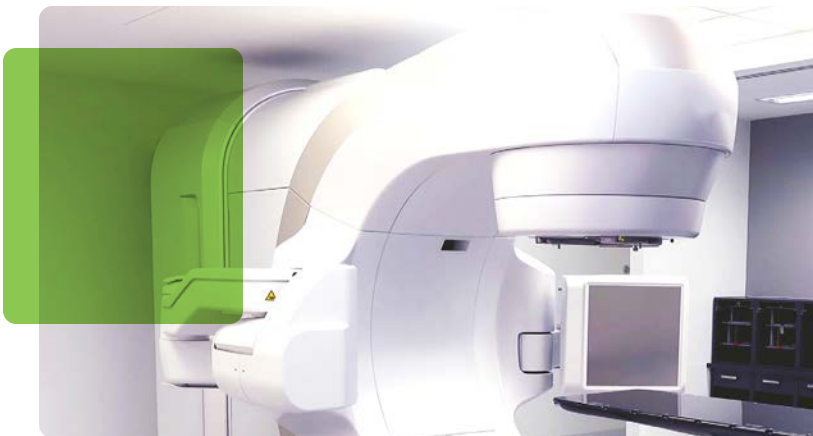
Proceeds from the KerbyStrong 100 go to the Decatur Memorial Foundation, which created the KerbyStrong Treatment Fund to provide financial assistance to patients at Memorial Cancer Care in Decatur. Assistance includes transportation costs, prescriptions, medical equipment, household expenses and groceries. Another effort, the KerbyStrong Navigation Fund, helps patients navigate the complex healthcare system that surrounds cancer treatment.

“We are humbled by the generosity and support from our community,” said Nikki Damery. “Together we are giving back to help others and providing hope to hundreds of cancer patients who are racing to win the fight against cancer.”



Radiology Equipment Offers Improved Imaging for DMH Patients

Generous donations through the foundation helped purchase the Radiation Oncology department's new *Varian TrueBeam Linear Accelerator* and *Brainlab ExacTrac Dynamic* at Decatur Memorial Hospital. These purchases have greatly improved treatment capacity.



"The imaging system is far superior to what we had previously," said Anthony Brent about the TrueBeam accelerator. Brent is a medical physicist at Memorial Cancer Care in Decatur in radiation oncology. "It provides increased image visibility of the patient internal anatomy, but also, a larger volume can be imaged and used for patient positioning corrections."

The accelerator also uses the newest imaging techniques to minimize the imaging or radiation dose to patients, which could potentially result in fewer side effects. Behind the scenes software and hardware updates help provide a more stable treatment system, which means more accurate treatment delivery.

The Brainlab system incorporates X-ray and surface tracking that uses light and thermal imaging from the patient's body heat. The combined approach to monitoring the patient during treatment aids in patient setup for complex treatments that require the patient to be moved in multiple positions between treatment fields.

The technology also provides a monitored breath hold treatment for patients who are being treated near the heart when an expanded lung volume may increase the distance of the target from the heart and helps reduce the dose it receives.

"We can use the Brainlab system to actively monitor the patient's breathing during the treatment and hold the beam if the patient's breathing changes more than we would like," Brent said. "For example, if the patient was to take an extra deep breath or exhale more than expected or even cough, it will stop the beam delivery and begin again when the patient is back in the treatment position."

DMF ANNUAL DONORS →

The following individuals, businesses, and organizations made a realized contribution of \$100 or more for the period of Jan. 1, 2024 – Dec. 31, 2024.

DMF



A. E. Staley, Jr. Foundation
Jim and Sue Alling
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Board President
Jacksonville Memorial
Foundation



PAM MARTIN
Director
Jacksonville Memorial
Foundation



Dear Friends,

For 150 years, Jacksonville Memorial Hospital has been a cornerstone of health and hope for our community.

Access to exceptional medical care is a vital asset for any community. Year after year, individuals and businesses express their commitment to a better quality of life by supporting our hospital through donations to the Jacksonville Memorial Foundation. Because of your generosity, JMH has additional resources to stay current with evolving medical practices and cutting-edge technologies. Your gifts help our physicians and healthcare providers achieve the best possible outcomes for every patient.

With each donation, you strengthen Jacksonville Memorial Hospital's commitment to its promise to improve lives and build stronger communities through better health.

Beyond expressing gratitude, we wish to celebrate the many great reasons donors choose to give to our local hospital. Each reason for giving is unique. From small gifts honoring those we love to once-in-a-lifetime major planned gift commitments, each contribution is important and appreciated. Your generosity reflects your kindness and compassion and directly improves the well-being of our community.

Please know your donation allows us to do even more for patients and their families. On behalf of the Foundation's board of trustees, we extend our sincerest thanks for your continued involvement and encourage your ongoing support.




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Lindsay Ryan

Kelly Staake

Caron Yates



total donors

216



total gifts

892



total donations*

\$190,467



total projects funded*

\$198,688

*OCT. 1, 2023 – SEPT. 30, 2024

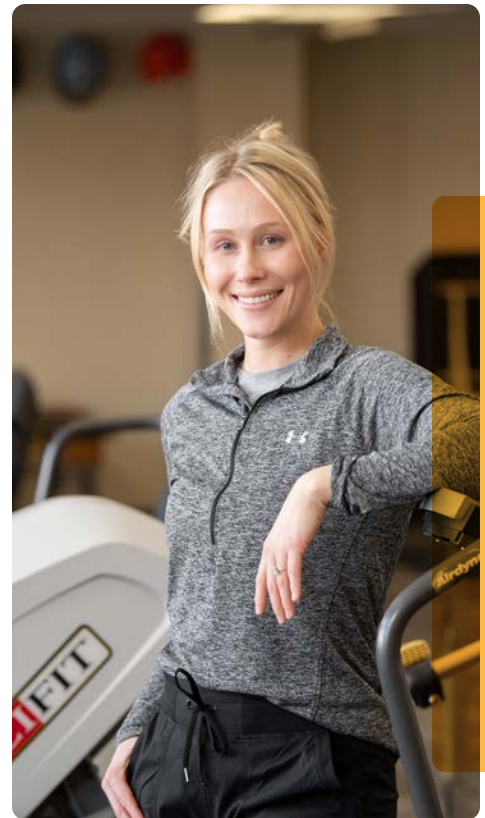
Bringing Local Talent Home with Education Grants

For Madison Lashmett, DPT, the journey to becoming a full-time physical therapist started back in 2023 when she did a clinical rotation at Jacksonville Memorial Hospital.

“I am from this area, and my family all lives around here,” the 25-year-old from Winchester said. “After a great clinical, and when JMH reached out with information about their education grants, I told myself then I would probably come back.”

Madison applied for and received a \$30,000 educational grant from the Jacksonville Memorial Foundation to cover tuition expenses as she finished her doctorate in physical therapy at Maryville University. The grant is attached to a four-year work contract. She graduated in December of 2024 and started work a few weeks later at JMH.

“My graduate degree enhanced my knowledge in the field and allowed me to bring quality care to my patients as a physical therapist here at JMH,” she said. “The foundation grant had a tremendous impact on my journey to pursue my degree – thank you to all the wonderful donors who help support this funding.”



On the Horizon with New Talent

Courtesy of JMF Education Grants

Stay tuned for updates as these students graduate and join our team at JMH in the next two years.

Justine Agsalda

junior nursing student at Illinois College, \$25,000 grant. Will intern at Springfield Memorial Hospital's ICU/Cardiac unit in the summer and start at JMH in 2026.

Dorothy Goings

junior nursing student at HSHS St. John's College of Nursing, \$21,000 grant. Will intern at JMH's Emergency Department in the summer and start at JMH in 2026.

Hayden Lansaw

physical therapy student at Maryville University, \$30,000 grant. Will start at JMH in early 2026.

Ellie Vineyard

sophomore nursing student at Illinois College, \$25,000 grant. Will start at JMH in 2027.

Madison is among several young nurses and physical therapists who are part of the Foundation's multi-year effort to identify students and invest in their education. Over the next two years, the Foundation will invest more than \$130,000 in the effort, said Pam Martin, Foundation director.

Trevor Huffman, president and CEO of JMH, recognizes the importance of recruiting top tier talent to Jacksonville with the help of educational grants.

"Our generous donors to the Jacksonville Memorial Foundation have made it possible for us to offer targeted tuition assistance to the best and brightest in the healthcare field," he said. "This past year, we were able to expand our grant funding not just to future RNs, but to physical therapy students, which allows us to serve more patients in different areas."

Madison found the foundation easy to work with and the application process simple and straightforward. She especially appreciated the timely communication from Martin.

Her professional plans include growing her skills as a clinician and eventually obtaining additional certifications and even zeroing in on a specialty. She is grateful for the support Memorial has provided with tuition assistance, supportive colleagues and a helpful mentor who made her transition from school to full-time employment manageable.

"I love it and have felt comfortable from the moment I started," she said. "There will be a lot of growth ahead, which I'm looking forward to. I highly recommend JMH for anyone who is looking to provide a high quality of care - if that is something you want for your patients as a clinician - this is a good place to work."

JMF ANNUAL DONORS

JAN. 1 – DEC. 31, 2024

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Lincoln Memorial Hospital



SARAH HELM, DIRECTOR
Lincoln Memorial Foundation

Dear Friends,

Thank you for believing in and financially supporting quality healthcare in our community. We are filled with gratitude for the significant milestones we continue to reach in partnership with you and so many others. We applaud YOUR generosity in action.



In this report, you will see how your gifts allow us to continue providing exceptional care for those we serve in Lincoln and the surrounding communities. From upgrading medical technologies to helping fund educational grants and advanced certifications for our colleagues, your donations enhance quality patient care within our hospital walls.

But your generosity also helps us promote better health out in the community through screenings, educational events, and unique opportunities like the LMH Wellness Trail and the LMH Market. Thanks to you, we work closely with our nonprofit partners to weave increased awareness and positive health habits through the fabric of our community.



Every gift matters, large or small. In the following pages, you will read about a sizable gift from the Estate of Henry Safford and Elizabeth Peacock, which will allow us to focus in on big goals. But modest donor gifts are just as important, helping fund programs like Warm Hug Bags, which provide a personal touch – comfort and care during patient recovery.

YOUR GENEROSITY INSPIRES US EVERY SINGLE DAY. ON BEHALF OF LINCOLN MEMORIAL FOUNDATION'S BOARD OF DIRECTORS, THANK YOU FOR YOUR CONTINUED SUPPORT.

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Sarah L. Helm

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total donors

486



total gifts

1,261



total donations*

\$1,356,441



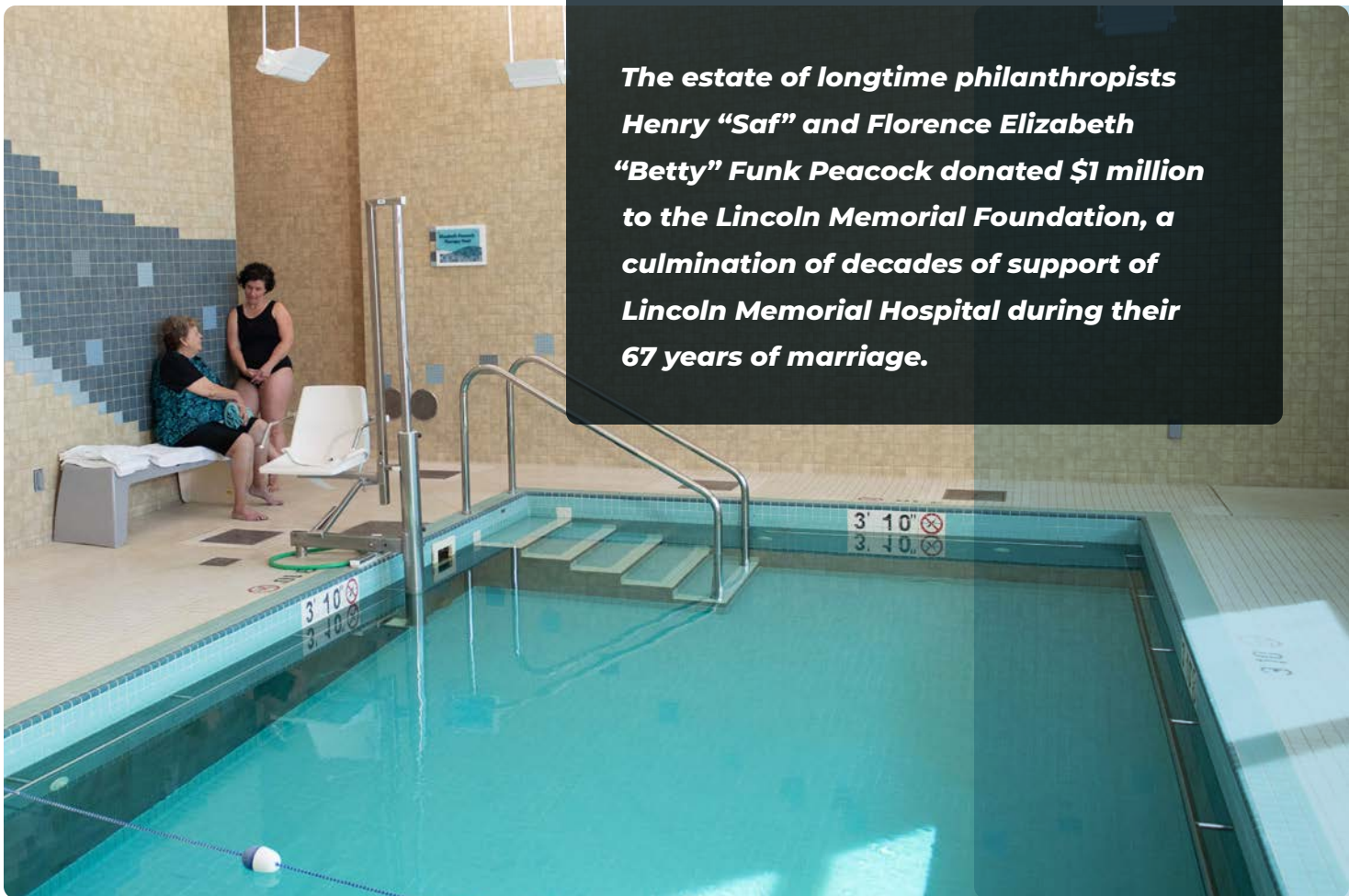
total projects funded*

\$184,637

*OCT. 1, 2023 – SEPT. 30, 2024



Peacock Estate Continues Giving Legacy with Final Donation to Lincoln Memorial Foundation



The estate of longtime philanthropists Henry “Saf” and Florence Elizabeth “Betty” Funk Peacock donated \$1 million to the Lincoln Memorial Foundation, a culmination of decades of support of Lincoln Memorial Hospital during their 67 years of marriage.



“Saf and Betty were incredible people with a heart for humanity and the community of Lincoln,” said Sarah Helm, director of the Lincoln Memorial Foundation. “We look forward to working with the Peacock family to determine the best purpose for this generous donation, one that will honor their legacy of care for our community.”

The story behind the Henry Safford and Elizabeth Peacock estate’s million-dollar donation in 2024 to the Lincoln Memorial Foundation (LMF) begins with Saf, who moved from Decatur to Lincoln in 1953 to run a Myers Industry plant. He brought his new bride, Betty, and the two settled into Lincoln, starting their family with their son Hunter’s arrival in 1954, and daughter Betsy who followed in 1957. They donated \$4,000 in their first gift to the hospital in 1961.

“Saf was a family man, a doting husband, smart as a tack and very inquisitive,” said LMH president and CEO Dolan Dalpoas. “He also had a strong moral compass and was generous with the wealth he had amassed. He was active, health conscious and just an all-around wonderful human being.”

Hunter and Betsy grew up watching their parents give back. Saf and Betty were intentional about how they chose organizations to give to and focused in on three areas they particularly cared about: conservation, education and healthcare.

“They set a wonderful example for many people, not just Betsy and me,” Hunter said. “As a young boy and young man, he listened to the different viewpoints of his elders and came down on the side that philanthropy was important and could make a difference in people’s lives.”

Helping to ensure accessibility of quality healthcare was one of the couple’s priorities. When the current hospital was being built on Stahlhut Drive, Betty chose to help fund a therapy swimming pool for the rehabilitation department. She suffered from rheumatoid arthritis and wanted people to have an alternative exercise option that was easier on the joints.



Tim Heitzig, a physical therapist and manager of rehabilitation services at LMH, said the swimming pool continues to make an important difference for outpatients during their rehabilitation. Between 20 and 30 patients use the pool weekly, which is roughly 1,300 patients per year.

“First and foremost, it allows patients who have pain or weight bearing limitations to move around in a buoyant environment and potentially sooner than they can get started on land,” he said. “Also, it is a warm water therapy pool so it helps patients relax and is easier on the joints of people with arthritis. Patients tend to relax more in the water, and the compressive nature of the water has a positive effect on swelling.”

As LMH determines the best use of the Peacock’s \$1 million donation, one thing’s for sure – just like the family’s financial support has been impactful for decades – this gift, too, will make a positive difference for the health of people in Lincoln and Logan County.



LMF MISSION PRESERVERS ANNUAL GIVING CLUB

The following individuals, families and organizations preserved the mission of Lincoln Memorial Hospital through gifts delivered between Jan. 1, 2024, and Dec. 31, 2024.

MISSION LEADERS \$5,000+

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Tom and Regina Harris
Heartland Bank and Trust Company
Tim and Kim Heitzig

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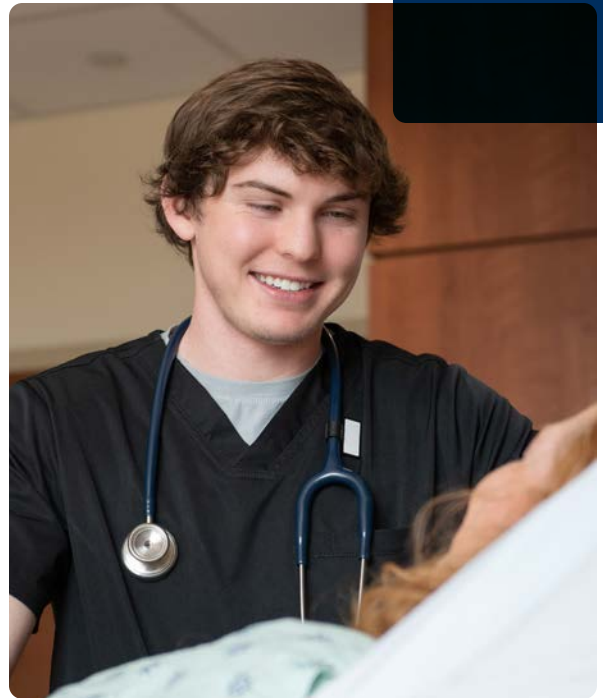
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Dear Friends,

It is our pleasure to share with you the 2024 Community Update Report recognizing charitable giving across Memorial Health.

We encourage you to become more familiar with the programs and services that rely on your generosity to deliver the care our patients and their families have come to expect. When you give, you help us keep our mission in focus when providing extraordinary care at Springfield Memorial Hospital.

At the heart of each story enclosed, you'll find pride and celebrate the joy in Springfield Memorial Foundation's accomplishments. Because of you, there is hope for the future and gratitude for the kind of care Springfield Memorial Hospital provides when we all work together to achieve greater things.

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As we turn the page on a brand-new year, we thank you for all that you have helped us accomplish in the last year. And we renew our commitment to you to invest your future gifts into exceptional care that will change countless lives – right here in Springfield.

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644



total gifts

3,202



total donations*

\$1,273,120



total projects funded*

\$2,948,344

*OCT. 1, 2023 – SEPT. 30, 2024



New Patient Beds Increase Safety, Accessibility and Comfort

Positive reviews from patients and colleagues alike abound for new patient beds installed in 2024, thanks to more than \$1.4 million in foundation funding.



"Thanks to generous donors to the Springfield Memorial Foundation, we were able to provide 130 new upgraded beds in our medical-surgical and intensive care units," said Jay Roszhart, president and CEO of SMH. "These beds look better, feel better and help reduce fall risks, providing a safer environment for our patients."

Jennifer Bond, vice president and chief nursing officer for Springfield Memorial Hospital, praised the new beds and their safety features.

"The new bed frames offer important patient safety features to alert the clinical team on the current status of side rails, fall alarm and bed position," she said. "The bed deliveries in March and September took a total team effort with each phase of installation. Our nursing, facilities, engineering and EVS colleagues worked tirelessly to unload semitrucks and deliver this critical equipment to the nursing units!"

According to Kimberly Yeley, RN, a nursing outcomes improvement facilitator, the new Centrella Smart+ Beds from Hillrom differ from the previous ones because the alarm never has to be deactivated, only

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silenced during patient care. This function ensures the bed alarm will re-engage automatically. The new beds also utilize lights projected onto the floor for quick and easy identification of alarm compliance.

Lexie Harrell, RN, on the 4B med-surge unit, appreciates those lights on the floor and the positioning features of the new beds. Amber Brown, RN, on 4E orthopedics said, "I really like the green light indicating the fall alarm is set, and the visibility of the settings when you walk into the room."



Patient care technicians Jashanti Dillard and Susan Wallace are also fans of the alarm lights that show everything is turned on and working.

"I really like that the mattress is connected to the bed," Dillard added. "It moves up and down very smoothly."



Pam Hulten, director of the Springfield Memorial Foundation, said the modernization of so many patient care devices is important not just to patients but also to the colleagues. "These beds allow our patient care teams to better serve patients and ensure their safety and comfort," she said. "We continue to be grateful for the amazing donors who invest in our ability to provide outstanding patient care."

She added that the old beds were put to good use and found homes with several of Memorial Health's educational partners including the University of Illinois Springfield, Illinois College and some medical nonprofits.

Perhaps the most succinct review came from Amber Kloppe, a physical therapy assistant, who noted simply: "the beds look nice; they are user friendly; and the screen is very simple to use."



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Dear Friends,

We are delighted to share with you the 2024 Community Update Report, which details the incredible generosity of our foundation donors across Memorial Health. Your donations support important programs and valuable services here locally in Taylorville and the surrounding communities.



Last year, Taylorville Memorial Hospital cared for patients in more than 400 inpatient hospital stays and 37,000 outpatient visits. It is our privilege to provide quality healthcare to those in our community, and we couldn't do it without your help.

Thank you for providing financial support that has allowed us to make transformative changes like adding cutting-edge equipment, updating technology and safety measures and developing the workforce through education scholarships and advanced certifications to enhance care.

Your donations also help us expand into the community to promote health through screenings, educational events, wellness programs and more. Our commitment to building a stronger community is also realized through a \$100,000 grant to the Christian County YMCA facility improvements.



We appreciate your role as a donor in the many foundation accomplishments we celebrated in 2024. Take a few minutes to read through the following pages and learn more about the hope and joy your giving has allowed us to bring to so many within our hospital walls and beyond.

We look forward to partnering with you in 2025 as we renew our commitment to you to invest your future gifts into exceptional care that will benefit our community now and into the future

ON BEHALF OF THE TAYLORVILLE MEMORIAL FOUNDATION'S BOARD OF DIRECTORS, THANK YOU FOR YOUR CONTINUED SUPPORT.

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total donors

140



total gifts

561



total donations*

\$166,516



total projects funded*

\$42,343

*OCT. 1, 2023 – SEPT. 30, 2024



Donation Helps Propel Christian County YMCA's Capital Campaign

The Taylorville Memorial Foundation's \$100,000 donation has helped the Christian County YMCA make significant progress in its capital campaign.

The YMCA has long been dedicated to fostering healthy living, youth development and social responsibility in Christian County. With consistent growth, the need for facility improvements became apparent. In 2023, the YMCA launched a Capital Campaign with a \$1,465,000 goal. Less than two years later, they are nearing the finish line.

"We can't thank the Foundation enough for the continued support," said Bruce Blanshan, Executive Director of the Christian County YMCA. "This donation represents more than just financial support; it's an investment in the future of Christian County. These improvements will allow us to better serve our members and the wider community."



He added the funds supported major facility updates in the Wellness Center, Aquatic Center and Athletic Center enhancing the YMCA's ability to serve the community's health and fitness needs. Part of the TMF donation has already helped pay for new flooring and bleachers in the Athletic Center.

Taylorville Memorial Foundation's support is part of its ongoing commitment to improve the health of local residents and build healthier communities.

"The Foundation board members recognize the positive impact the Y has on the health of Christian County residents," said Will Perkins, president of the Taylorville Memorial Foundation board. "We're pleased to be able to help support this renovation, which will create an even more positive environment for members to exercise and improve their health."



The following renovations help ensure the YMCA remains a vital resource for Christian County residents seeking to improve their health and well-being.

Wellness Center

The updated Wellness Center will serve as a focal point for personal fitness, well-being and health. Community members can use high quality equipment including treadmills, exercise bikes, ellipticals, free weight machines and updated free weights. A new HVAC system will maintain a comfortable workout environment year-round.

Aquatic Center

The Aquatic Center features a new ventilation system, updated lane lines, an ADA-compliant water lift, a new lane reel and diving blocks. These features will promote accessibility and safety while also creating a space for families to enjoy swimming together and for swimmers to log their laps.

Athletic Center

The rejuvenated Athletic Center provides a welcoming space for individuals of all ages and interests. With a new floor, bleachers, state-of-the-art basketball hoops and a flexible floor plan, the Center accommodates various sports, including high school regulation-size basketball and volleyball courts, pickleball and wrestling.

“Memorial Health and the Y share a commitment to building stronger communities through better health,” said Kim Bourne, president and CEO of Taylorville Memorial Hospital. “We’re grateful to all of our donors who support the Foundation’s efforts.”





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COMMUNITY OUTREACH

EDUCATION

MEDICAL EQUIPMENT

PATIENT CARE

Collective Impact





COMMUNITY OUTREACH

SMF provided more than 1,500 age-specific Important Jobs in Hospitals books for every second grader in Springfield District 186.

Memorial Health staff also led educational healthcare career activities and raised awareness of local healthcare occupations during the week-long STEAM residency program hosted inside the Kidzeum of Health and Science in Springfield. These outreach programs help contribute to building our future healthcare workforce by stimulating early interest at young ages of wellness, science and other healthcare careers.

Decatur Memorial Foundation Helps Support Community Food Assistance Programs

Food insecurity is a reality for many families across Macon County, and the Decatur Memorial Foundation was a strong supporter of the Northeast Community Fund's various efforts to help raise awareness and funding in 2024.

The October WSOY Food Drive raised more than **\$800,000** and collected **764,000 pounds of food**. Decatur Memorial Hospital colleagues and the Decatur Memorial Foundation helped promote the event, provided volunteers and donated food.

"Nourishing Neighbors" is another effort to address food insecurity among patients being discharged from the hospital. Case managers help identify potential patients who need assistance at discharge, and they are provided with Nourishing Neighbors bags filled with nutritional food and information about Northeast Community Fund's programs.

"These bags are one more way we can help assist those who face food insecurity," said Sonja Chargois, a community health consultant with DMH. "That's one less thing they need to worry as they can concentrate on their health."

The foundation also supported the 6th Annual Farm to Fund dinner in September that brought the community together for a fundraising event under the lights of Merchant Street in downtown Decatur. Richland Community College chefs prepared the "farm-to-table" dinner that included live entertainment and auctions. With more than 280 participants, the event raised \$80,000 for food insecurity programming plus \$21,000 in corporate sponsorships.

COMMUNITY OUTREACH



The LMH Market Reaches More People with Healthy Food Options in 2024

More than 700 people on average attended The LMH Market on Saturdays during the 2024 season as the popular farmers market enjoyed a successful ninth year.

"We so appreciate the community's enthusiastic response to The Market," said Lincoln Memorial Foundation director Sarah Helm. "We're proud to help inspire a healthy lifestyle culture in Logan County for all ages with a vibrant venue, fun activities and vendors who offer their best local products for our community."

The Market's mission is to provide access to fresh and local produce. A weekly Supplemental Nutrition Assistance program/ LINK matching program is available, and every third Saturday of each month, there is a triple match for SNAP funds.

"We saw an increase in our total number of visitors, and they nearly doubled the amount spent on fresh produce," said Molly McCain, LMH community health coordinator. "We are excited to celebrate our 10th anniversary with the 2025 season, which will open May 17."

BY THE NUMBERS FOR THE MARKET IN 2024

13,656

TOTAL VISITORS

718

WEEKLY AVERAGE

\$21,767

TOTAL SNAP DOLLARS

\$13,040

SNAP DOLLARS MATCHED



LMF Support for Trailblazers/Wellness Trail

LMH WELLNESS TRAIL RECEIVES A WORKOUT IN 2024

The popular LMH Wellness Trail provided another year of walking opportunities for Lincoln-area residents. The flat, 0.7-mile loop trail is open daily from dusk to dawn and features a pond and native habitat for walkers, birders and outdoor enthusiasts to enjoy.

Roughly **\$3,700** in foundation support for the Trailblazers walking group and LMH Wellness Trail led to increased usage in 2024. The Trailblazers walked nearly 5,600 miles during challenges that featured theme days and random pop-up prizes. There were also 155 bike share rentals in 2024 with 19 people using the bikes for trail rides.

“These past nine years, the Wellness Trail has become a beloved resource for our patients, their families and community members of all ages,” said Sarah Helm, director of the Lincoln Memorial Foundation. “We invite all members of our community to continue making the LMH Wellness Trail a part of their wellness journey for many years to come.”

EDUCATION

Taylorville Memorial Foundation Scholarships Help Propel Area Students into Healthcare-Related Fields

Generous scholarship donors partner with the foundation to help area students further their education in healthcare-related fields. Every year, qualifying Christian County high school graduates apply for scholarships administered through the Taylorville Memorial Foundation including a \$1,000 Carolyn M. Butterfield Trust Nursing Scholarship and a \$1,000 John

H. Butterfield Agriscience and Nutrition Scholarship. Two \$2,500 Dr. George Ferry Memorial Scholarships are awarded to Taylorville High School seniors while the Katie McCarty Nursing Excellence CNA Scholarship is awarded to students who have graduated from a central Illinois high school, with priority given to Christian County residents.

“We appreciate the foresight shown by the donors of these scholarships as they seek to strengthen the continuing education of our area students in healthcare-related fields,” said Eli Heicher, chief nursing officer at Taylorville Memorial Hospital. “Our hope is that many of the scholarship winners choose to return here to continue their careers upon college graduation.”

John H. Butterfield
Agriscience Nutrition
Scholarship:
Cole Repscher

Dr. George Ferry
Memorial Scholarship:
***Ella Goodman and
Emma Althoff***

Katie McCarty Nursing
Excellence Fund:
***Kyle Austif, Mia Lane
and Sara Grigg***

DMF Richland EnRich Healthcare

\$3.25M Foundation Grant Enables Richland Community College to “EnRich Healthcare”

Thanks to a \$3.25M grant from the Decatur Memorial Foundation, Richland Community College is in the third year of “EnRich Healthcare,” a four-year program designed to triple the number of qualified students applying for enrollment into Richland’s nursing and healthcare profession programs.

At Richland, the grant money allowed for the integration and expansion of technology in the classroom, increased simulation learning and additional faculty positions to accommodate the growing program. Students also work, learn and build relationships on the DMH campus, helping pave the way to become DMH colleagues upon graduation.

“This collaboration between DMH and Richland is creating unique educational opportunities and removing barriers for students who want to pursue degrees in healthcare,” said Drew Early, president and CEO of Decatur Memorial Hospital. “EnRich Healthcare definitely will help address our future workforce needs, but also, the benefits to our community will last a lifetime because these students receive essential skills training and learn about trauma-informed practices.”

Foundations Help Fund Lean Six Sigma Training for Colleagues



In a complex field like healthcare, it's crucial to look for ways to improve or streamline processes. At Memorial Health, the five hospital Foundations have strongly supported such innovation through a process known as Lean Six Sigma, which empowers colleagues to identify and implement quality improvements.

One way the Foundations contribute to this work is through directly supporting colleagues like Michelle Loutrel, director of Engineering, Environment of Care and Emergency Preparedness at Decatur Memorial Hospital. Loutrel used her Lean Six Sigma

training to study length of stay at the intensive care unit at DMH. A longer length of stay can result in poorer patient outcomes and reduced satisfaction. As a result of her project, length of stay and ventilator utilization were significantly reduced.

“The training gave me an opportunity to grow my skills in quality improvement work,” said Loutrel. “I am grateful the foundation helps support continuing education for colleagues.”

The Foundations also have been instrumental in stepping in when colleague Six Sigma projects identify equipment or other infrastructure that can improve patient care.

In 2024, the Decatur Memorial Foundation provided just over \$32,000 to install an internal intercom system for the DMH Emergency Department. The funding request came after a Lean Six Sigma project studied how to reduce the time between patients arriving at the ED with stroke symptoms to them receiving a CT scan. The study found that an intercom would make a positive difference.

The intercom system not only helped stroke patients, but it also improved communication for all emergencies – everyone hears the same message at the same time, which helps planning, preparation and cohesion in care.

In Lincoln, a Lean Six Sigma project identified equipment needs that could help patients on the Swing Bed unit improve their mobility, reducing their risk of falls and allowing them to return home sooner. The Lincoln Memorial Foundation used \$15,000 from the foundation's Med Tech Fund to help purchase equipment, including a car simulator.

The car simulator helps patients safely relearn how to complete ordinary tasks like getting in and out of a car before they return home from the hospital. The simulator and other state-of-the-art mobility equipment helps improve balance and walking ability.

“The Lincoln Memorial Foundation's support helps with one of our most important goals – preparing patients for a safe return to home and community life,” said physical therapist Amy Knox.

EDUCATION

Foundations Help Colleagues Advance Healthcare Career Education

In the past two years, more than 300 Memorial Health colleagues and student nurses have received financial support to help them pursue advanced certification in specialties like hyperbaric safety, mammography, medical laboratory science, healthcare interpreting and more.

"Healthcare best practices continue to evolve at a rapid pace," said Pam Martin, foundation director for Jacksonville Memorial Hospital. "Pursuing advanced certification represents a colleague's commitment to provide a higher standard of patient care through continued learning and skill refinement. We appreciate our donors for helping fund this investment in colleague education."

Libby Nobis, a supervisor for hyperbaric oxygen therapy medicine and safety, used a grant from the JMH Auxiliary to take two classes and then took the national board test to obtain her hyperbaric technologist certificate.



"I was new to the position that required me to have this certification, and I was very glad to have that resource available," she said. "Thanks to the class, I can make sure everything is done safely and also help train my employees to better understand hyperbaric medicine."

TOTAL GRANTS

322



54 | DMF 28 | JMF 19 | LMF 198 | SMF 23 | TMF

TOTAL

\$116,317



\$15,185 | DMF \$12,189 | JMF \$5,282 | LMF \$71,925 | SMF \$11,736 | TMF

Safety Features Highlight New Inpatient Beds at TMH

Thanks to \$206,200 of Foundation funding, acute care patients at Taylorville Memorial Hospital now have updated beds with the latest technology. The 25 new beds include patient safety features like additional alarms, light reminders and locks for the head of the bed so the angle can't be lowered past a certain point.

“This makes an important difference for the safety and comfort of our patients,” said Nicole Heimsness, the nurse manager of our acute care unit. “These beds are another example of how the Foundation keeps donations local to support patient care.”



The new beds have three lights at the foot of the bed to give nurses a quick status of the bed's position, alarms and siderails. The length of each bed can be adjusted and/or extended for patients who are taller.

SMF Invests Nearly \$500,000 to Transform Communication for Care Teams

Streamlining communication to increase efficiency and effectiveness of clinical care was an important priority for the foundation, which spent \$496,799 on Spectralink Equipment at Springfield Memorial Hospital.

“With the foundation's support, we were able to expand the use of smartphones to many bedside caregivers, replacing an outdated mixture of traditional portable phones and other communication devices,” said Jennifer Bond, vice

president and chief nursing officer for Springfield Memorial Hospital. “Through the generosity of foundation donors, this purchase allowed us to transform communication between caregivers and patients plus improve workflow within care teams.”

MEDICAL EQUIPMENT

New Equipment Elevates Patient Care and Safety

JMH trustees have thoughtfully allocated donor funds toward acquiring equipment that strengthens caregiver skills, improves patient care and ensures safety.

Among the key investments, the JMH and SMH Foundations jointly contributed \$104,000 toward the purchase of a virtual Anatomage dissection table for the Illinois College nursing program.

“This technology-driven support will play a critical role in increasing the number of regional registered nurses within our service area,” said Pam Martin, director of JMF. “It highlights our foundations’ commitment to partnering with local higher education institutions to cultivate homegrown talent for the future.”

In addition, JMH’s Central Sterile unit has benefitted from the acquisition of an \$8,900 borescope, designed for use in GI and SPD lumen inspections. This cutting-edge equipment ensures that surgical instruments are thoroughly cleaned and free from debris, effectively preventing potential infections.

The JMH Laboratory also introduced a sophisticated blood gas analyzer, valued at \$14,000, which measures oxygen and carbon dioxide levels in a newborn’s blood to assess respiratory health. This advanced equipment further supports the hospital’s mission to provide high-quality care across all patient demographics.



Donor Support to LMF Medical Technologies Fund Leads to Five New Defibrillators

Defibrillators are lifesaving devices critical for treating dangerous heart rhythms during emergencies such as ventricular fibrillation and tachycardia. Thanks to donor support of the Medical Technologies Fund, the Lincoln Memorial Foundation invested more than \$105,000 in the purchase of five new defibrillators in 2024.

The Medical Technologies Fund plays a vital role in equipping Lincoln Memorial Hospital (LMH) with the tools needed to provide high-quality, patient-centered care. These new defibrillators give LMH caregivers state-of-the-art equipment to respond effectively to cardiac emergencies, ensuring the best possible outcomes for patients in our community. This purchase demonstrates how donor support directly enhances the quality of care provided close to home.



TMH C.A.R.E. Channel Helps Create a Healing Environment

Hospitals can be stressful environments for patients and their families. Recognizing this, the Taylorville Memorial Foundation funded a \$12,468 subscription for TMH to the C.A.R.E. Channel, a 24-hour programming option available via the patient's television.

The C.A.R.E. Channel – short for Continuous Ambient Relaxation Environment – provides soothing nature scenes and music, with the intention of fostering a healing environment, helping the patient sleep and reducing ambient hospital noise.

“At TMH, we focus on providing the best possible environment to help our patients recover,” said Lora Polley, director of ancillary services. “The C.A.R.E. Channel is one more tool to help make them more comfortable. It’s an example of how the Foundation helps us improve our patients’ experience.”

Compression Stockings Improve Quality of Life for Lymphedema Patient

For Deb Atterberry, compression stockings granted through the Jacksonville Memorial Foundation have been a lifesaver. The 55-year-old lives with scoliosis and severe lymphedema with a history of skin ulcers.

Lori Thomas, manager of the JMH Lymphedema Therapy Clinic, describes lymphedema compression garments as a flat knit fabric that require multiple measurements, which are then sent to the company for a custom fit.



“Without the garments, the arm or leg will swell, which can lead to pain, decreased use, infections or worse,” Thomas said. “The foundation has literally saved lives and brought greater quality of life by meeting this very important need.”

The custom compression garments are the key to long-term success, but often are difficult for patients to afford. The Chaplain’s Assistance Fund within the foundation provides compression garments to eligible patients.

Atterberry said that the compression garments have greatly improved her quality of life. “It’s so painful when you develop those infections and swelling. It affects your mobility because the swelling feels like you are wearing 20-pound weights on each ankle,” she said. “It’s a wonderful thing the foundation has done for me.”

JMF has contributed \$63,055 to help 133 patients purchase essential lymphedema compression garments.



In 2024 alone, the five Foundations ensured that 106 patients were screened, at a cost of \$20,528.

Memorial Hospital Foundations Help Fund Free Mammograms

Thanks to generous donor support, Mammogram Mondays are held throughout Breast Cancer Awareness Month in October. “Mammo Mondays” offer free breast cancer screenings for women, age 40 years and older, who are uninsured or underinsured at all five Memorial hospitals.

Appointments are required, and the visit includes a mammogram, educational materials on general breast health and how to perform breast self-exams. Women can call and schedule an appointment at whichever Memorial hospital location is most convenient.

The American College of Radiology (ACR) and Society of Breast Imaging (SBI) recommend all women 40 years of age and older have screening mammograms annually. Breast cancer is the

second leading cause of cancer death among women in the United States. Early detection is key.

“Our donors are making a meaningful difference in these women’s health by supporting this program,” said Lincoln Memorial Foundation director Sarah Helm, noting that some women had cancer that was caught early by the mammogram. “It’s a service that in some cases has been lifesaving for these patients.”

Friends of the Foundations



Drink for the Pink Raises \$25,000 for Cancer Patient Assistance Fund

In its fifth year, the popular Drink for the Pink 2024 event raised \$25,000 for the Springfield Memorial Foundation's Cancer Patient Assistance Fund. Organized by a group of nine friends after a close friend was diagnosed with breast cancer, the fun-filled night featured food, themed cocktails, entertainment and more.

The wildly successful fundraiser directly benefited the Cancer Patient Assistance Fund, which helps cancer patients and their families focus on getting better instead of worrying about upcoming bills. Patient navigators like Carmen Kramer help identify needs and connect with the foundation.

"Memorial Health serves a large demographic area, and many individuals are driving long distances for access to care," Kramer said. "Gas cards can relieve some of that financial stress so that patients can spend their emotional energy on their treatments and not worrying about logistics."

Mark Stephens is one of those cancer patients. He started the first of 30 treatments in November of 2024. His treatment schedule made it difficult to work, and his doctor recommended Mark and his girlfriend Rena Lacy meet with patient navigator Katie deMarco, RN. After discussing their needs, deMarco utilized the Cancer Patient Assistance Fund to pay two separate electric bills and provide a gas card for the Loami couple.



"My hours had been cut because I was taking Mark to and from his appointments," Rena said. "Having help with those bills gave him relief from worrying how I was going to be able to keep up with everything. He was able to focus on getting better."

That's the driving force behind the Cancer Patient Assistance Fund – helping patients focus on their treatment and recovery. Foundation director Pam Hulten appreciates the efforts of the Drink for the Pink group to raise important funds on behalf of others.

"We love to cheer on and support the efforts of groups who coordinate creative fundraising opportunities," she said. "This one has enjoyed great success because of the organizers' energy and enthusiasm. The money they raised in 2024 made up 25% of our Cancer Patient Assistance Fund, which helped many of our patients in important ways."

Delores Holderness

As a longtime annual supporter of the Decatur Memorial Foundation, Delores Holderness felt a strong connection to and appreciation for the value of quality healthcare available locally. The Decatur resident passed away in September 2024 at the age of 91, but she continued her philanthropic legacy by naming the foundation's hospice fund as a memorial option.

“I’m happy to be helping out – it makes me feel good, and I wish I could do more,” Delores said earlier in an April 2024 interview. “I appreciate how the donations stay in Decatur and help Decatur people rather than sending it off to somewhere else.”

Delores made regular contributions to the foundation's Cancer Care Fund in honor of family members lost too soon to cancer: her father (colon cancer), her mother (melanoma), her husband Jack (kidney cancer) and their daughter Cheryl (colon, liver cancer).

The Cancer Care Fund provides patient support by helping with prescription costs, transportation to appointments, tests or screenings, lab work, preventive programs and more.

Delores's care for others continues on thanks to her philanthropic kindness.

Warm neck hugs

“Warm Hugs” Help Comfort Patients at Lincoln Memorial Hospital and Home

LMF purchased “Warm Hugs” for inpatients at Lincoln Memorial Hospital. The popular bags include a neck wrap that can be heated up and foam ear plugs to make patient stays more comfortable.

“The Warm Hug bags are a huge hit with our patients,” said Angela Whiteman, director of hospitality and patient experience for LMH. “We appreciate the funding support from the foundation for these bags, which include heat-able neck wraps and foam ear plugs for every inpatient. They truly make a positive impression on our patients during their stay.”

In 2024, volunteers delivered 893 “Warm Hug” bags, which patients were able to take home to support their recovery.

“The Warm Hug bags are a tangible reminder of the generosity of our donors,” said Sarah Helm, Lincoln Memorial Foundation director. “Their contributions directly impact the lives of our patients by providing comfort and care during challenging times. These bags are more than just items – they are a symbol of community support and compassion.”

Patients like Thomas Faine, pictured here, appreciate the improved comfort of the new equipment.



Donation from Mitra Family Helps Fund New Dialysis Machines and Equipment for Patients

With expertise and compassion, Sumanta Mitra, MD, cared for kidney disease patients in the Springfield area for 42 years. An exceptional clinician, researcher and teacher, Dr. Mitra was beloved for his kindness, principles and patient-centered focus.

In 2024, his family continued Dr. Mitra's legacy with a donation in his memory to the Springfield Memorial Foundation. The gift allowed for a substantial upgrade to Springfield Memorial Hospital's acute dialysis unit in July. Fourteen new dialysis machines were purchased along with four reclining chairs.

"My dad dedicated a good part of his professional life toward making dialysis accessible and convenient for patients throughout central Illinois," said Robi Mitra. "We felt this was the perfect way to honor that commitment."

Dr. Mitra's work as chief of nephrology at Springfield Memorial Hospital, Clinical Professor of Medicine at SIU School of Medicine and medical director for Central Illinois Kidney and Dialysis changed countless lives – those of the patients he cared for and the hundreds of healthcare professionals he taught and mentored.

Dedicated to accessibility to care, Dr. Mitra also helped establish 11 satellite dialysis sites in rural Illinois to reduce the need for travel and lessen the burden on patients.

Patients and colleagues at Springfield Memorial Hospital remain grateful for the many contributions of Dr. Mitra in the practice of nephrology in this community.

Life Insurance: A Financial Tool for Giving Back

Did you know you can use a life insurance policy to make a gift to any of the five hospital foundations within Memorial Health? It's usually as simple as completing a form with the insurance company designating the specific hospital foundation as the beneficiary of all or a portion of the death benefit of your life insurance policy.

Deron Powell, a State Farm agent and longtime board member for the Lincoln Memorial Foundation, feels strongly about the importance of giving back.

"When you are part of a community, you know how important healthcare is," he said. "It's a big part of what draws people to a city. Other than education, healthcare is the next thing people look for when they move."

Powell has a life insurance policy that lists Lincoln Memorial Foundation as the beneficiary. He liked that option because his employer offered a matching donation. He pays half the premium, and his employer pays the other half.

"It's a win-win," he said. "There are so many ways to give – Gift of Grain, monetary donations, estate or acreage donations. One of the reasons to do a life insurance policy is that it removes the decision on what to leave the charity from your family or executor. The family doesn't have to worry about what assets to leave where. It's already done."



Tribute Garden Offers Quiet Remembrance

The Jacksonville Memorial Foundation coordinates an annual memorial service each fall to honor and remember those whose names appear on engraved bricks and plaques in the Tribute Garden. Each year, about 30 bricks are added to the garden, which offers a naturally serene respite for hospital visitors and staff.

Centrally located and accessible through the cafeteria, the Tribute Garden is a popular spot for outdoor dining. More than 750 bricks pay tribute to family members, friends, nursing alumni and hospital employees. The bricks cost \$100 a piece and can be purchased any time of the year through the foundation.

FRIENDS OF THE FOUNDATIONS



The Memorial Health Championship presented by LRS

continued to draw summer crowds to the only PGA Tour-sanctioned golf tournament in downstate Illinois. The 72-hole professional golf competition featured 156 of the world's best touring professional golfers. Best part? Just over \$134,000 in proceeds from the tournament were donated to Memorial Health's five hospital foundations to support healthcare programs and services.

Join us June 26 through June 29 for the 2025 event!



Why I Give...

Carrie Cantrall has donated to the Colleague Giving program for nearly a decade. She initially donated because a prior colleague had benefited from the colleague assistance program, and she saw how helpful it was for them.

Today, she appreciates how the Colleague Giving program ensures her financial contributions are directed towards high-priority programs at Memorial.

"When smaller donations are combined, they enable the accomplishment of larger, more impactful initiatives," said Cantrall, a nursing administrator at Springfield Memorial Hospital. "One particular initiative that benefits nursing directly is the Nursing Excellence Fund, which brings resources and continued education to nurses at Memorial Health."

WAYS TO GIVE



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PRESIDENT & CEO
Decatur Memorial
Foundation



PAM MARTIN
DIRECTOR
Jacksonville Memorial
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SARAH HELM
DIRECTOR
Lincoln Memorial
Foundation



PAM HULTEN
DIRECTOR
Springfield Memorial
Foundation



KIM BOURNE
PRESIDENT & CEO
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Ways to Give

Make a Difference Today

Outright Gifts

Donors have an opportunity to give by cash, check, or credit card.

Donor-Advised Fund (DAF)

Make a gift from your existing Donor-Advised Fund with the flexibility to recommend gift amount and frequency.

Gifts of Securities, Stocks and Bonds

Gifts of securities, stocks, and bonds provide considerable tax advantages when transferred directly to a charity before they are sold.

Matching Gifts

One gift is good, but two is twice as nice. Ask if your employer matches donations.

Gifts of Real Estate and other Tangible Property

Donate assets such as personal residences, farmland, and vacation homes to unlock a range of potential tax benefits while making lasting impact.

Monthly Gifts

Small gifts add up to a big impact when made automatically once a month.

Gifts of Grain

Central Illinois farmers can convert agricultural commodities into impactful donations. By donating grain directly at your local elevator you may avoid the sale as income, thus rendering tax savings.

IRA Rollover

Enables donors who are 70½ and older to make a direct transfer to a foundation of Memorial Health through a qualified charitable distribution (QCD) or required minimum distribution (RMD).

Make a secure online gift

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WAYS TO GIVE

PLAN NOW, GIVE LATER

Bequest by Will or Living Trust

Leave a lasting impact by including a charitable bequest in your estate plan. You can specify a fixed dollar amount, a percentage of your estate, or the entirety of your estate to support our mission.

Life Insurance

Create a legacy by donating the cash value of a life insurance policy, transferring ownership while continuing to pay the premiums, or naming a foundation of Memorial Health as a beneficiary. This allows you to make a meaningful impact during your lifetime and beyond.

IRA, 401(k), or other Retirement Assets

Designate a percentage or specific amount to a foundation of Memorial Health by updating your beneficiary designation.

GIVE AND RECEIVE

Retained Life Estate

Deed your personal residence or farm to a foundation of Memorial Health but retain the right to use it during your lifetime and receive charitable deduction.

Charitable Gift Annuity (CGA)

A contract between you and a foundation of Memorial Health that involves transferring cash or property in exchange for a partial tax deduction and a lifetime stream of annual income.

Charitable Remainder Trust

Provides fixed income to beneficiaries for a specified period, after which the remaining assets are distributed to a foundation of Memorial Health.

Charitable Lead Trust

Provides income to a foundation of Memorial Health for a specified period, after which the remaining trust assets are transferred to non-charitable beneficiaries.



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