

## Spinal Motion Restriction Update

In reviewing several trauma charts, we have found that patients are still being transported with a c-collar and in Fowler's/semi-Fowler's position. As a quick reminder, Spinal Motion Restriction (SMR) is an "all or none" treatment. There is a very high likelihood that if one area of the spine is injured that another site may be injured as well; therefore, we treat the spine as a single contiguous unit. If SMR is indicated, the result (in the majority of cases) should be a c-collar patient lying flat on the cot with safety straps in place.

#### **EMS Office Hours**

Every fourth Thursday we have a 45-minute online session about a topic in EMS rotating between EMS education to EMS operations. Slides from the previous session will be attached to the newsletter. For October, the focus will be to highlight online tools for EMT licensure classes. We have a grant available for <a href="Limmer EMT Class Ready">Limmer EMT Class Ready</a> and <a href="Limmer EMT Class Advantage">Limmer EMT Class Advantage</a>. We are very excited to be able to provide these tools for our EMT classes as we continue to work on improving EMT Course successes. Please thank the Decatur Memorial Hospital Foundation and the Springfield Memorial Hospital Foundation for the funding to provide these tools.

## **Protocol Updates**

Memorial EMS protocol updates are approaching. They will go live at 0700 on Monday, November 3, 2025.

### Reminder: Online and Out of State EMS Licensure Courses

Another reminder that online and out of state licensure courses often do not understand the rules regarding EMS in Illinois. BEFORE a prospective student or agency signs up with an online or out of state program, please reach out to the EMS Office to review potential challenges.

#### **CE Reminders**

Wednesday, October 15, 1100
EMS Monthly Protocol Review - Stroke
Thursday, October 16, 1500
EMS Case Review
Thursday, October 23, 1715
EMS Office Hour- Preview Limmer EMT
Resources



# **Upcoming Licensure Courses**

EMT Logan Co. Paramedics Association 10/18/2025 <a href="mailto:lcpa1@lcpa-il.com">lcpa1@lcpa-il.com</a>

Memorial Health

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