



Set your Clocks, Change the Smoke Detector Batteries, Update EMS Protocols  
Daylight Savings is Sunday, March 9, and our peers in the fire industry use this semiannual event to remind the public to change the batteries in smoke detectors. Memorial EMS paired this with protocol changes so that the time for protocol changes was easy to recognize. Updates will go live at 0700 on Monday, March 10. A summary of changes is attached along with a video on the updates to the [Spinal Motion Restriction Protocol](#).

### Continued Attention to PPE

A recent measles outbreak has been linked to an increase in unvaccinated individuals, including newly arrived immigrants who may not have had access to routine immunizations. The Measles, Mumps and Rubella (MMR) vaccine is typically administered in two doses: first at 12-15 months of age and a second dose at 4-6 years, to provide lifelong immunity. Measles is a highly contagious viral illness that presents with fever, cough, coryza, conjunctivitis and a characteristic maculopapular rash. It spreads through respiratory droplets and can remain airborne for up to two hours in enclosed spaces. To prevent the spread, providers should use airborne precautions, ensure proper PPE (including N95 masks) and encourage vaccination among at-risk populations. Early identification, isolation of suspected cases and notification of public health authorities are critical in controlling a suspected outbreak. Additionally, remember Tuberculosis (TB) is a highly contagious respiratory disease with no vaccine. We have seen sporadic outbreaks. Airborne precautions (N95 masks) are also used when treating a patient with TB.

### Non-Transport Inspections

Region 3, non-transport self-inspections are due now. Region 6 will be due in May and June.

### Expanded Scope Protocol Updates

Updates to the Expanded Scope Protocols will be forwarded out to all ALS agencies who participate in interfacility transports. This will include an update in scope, with moving some Expanded Scope medications to the ALS level. A schedule for competency dates will be provided. Annual competency for all providers is completed in April.

### Continuing Education (CE) Reminders

IDPH requires 1.0 hours of Alzheimer's training for all EMS licensees. EMS: Caring for Dementia and Alzheimer's is available on HealthStream.



**Wednesday, March 19, 11 a.m.**, EMS: 2025 Monthly Protocol Review Lecture- Blunt Trauma (live virtual format).

**Thursday, March 20, 3 p.m.** EMS: Airway Skills Lab (open to all level providers) at the Memorial Learning Center, room #413.

\*There will be no protocol testing on 03/14/2025 due to protocol updates.