



The Children's MOSAIC Project is a community-wide partnership designed to make children's mental health services easier to access within Springfield Public Schools.

By bringing together schools, families and local providers, the project ensures that students receive the right support at the right time without barriers.

Students benefit from:

- On-site access to counseling and mental health support
- Coordinated care between schools and community providers
- Reduced barriers like transportation and wait times
- A stronger network of caring adults working together for children's well-being

What is mental health?

Mental health is about how we think, feel and act in daily life. It affects the way children handle stress, build friendships, learn in school and make choices.

Just like physical health, mental health is important at every age—from the early school years through adolescence and into adulthood. When children have good mental health, they are better able to learn, grow and thrive at home, at school and in the community.

What does therapy look like with MOSAIC?

MOSAIC therapy is a welcoming, strengths-based partnership between students, families and a school-based therapist. Depending on the student's age and interests, sessions may include play, conversation and hands-on activities that build healthy skills such as coping strategies, problem-solving, communication and managing feelings.

Services happen right at school for easy access with regular check-ins. Support continues as long as it's helpful while the student is enrolled and working toward their goals. If a student could benefit from additional or specialized care, students will be connected to trusted community providers.

MOSAIC supports student well-being through:

- Opportunities for skill-building
- Decreased barriers to consistent engagement
- Safety and self-regulation
- Social-emotional support
- Interpersonal skill-building

Benefits of MOSAIC

- Better learning and grades
- Stronger coping skills
- Healthier relationships
- Improved behavior
- Better attendance
- Easier access to care
- Family-school partnership
- Coordinated care