

Variety of grab & go & Salad Bar items available daily.

	BREAKFAST 7:00 a.m. – 9:30 a.m.	LUNCH 10:45 a.m. – 1:15 p.m. week1
MON 10/18	Scrambled Eggs Boiled Egg/ Bacon/Pancake on a stick Potato Mashers Sausage Gravy & Biscuit	Parmesan kale & Italian soup Garlic roast pork tenderloin Mashed potatoes/ pork gravy Broccoli/Corn Cracked black pepper turkey panini Cheese Pizza Sausage, mushroom , black olive pizza
TUES 10/19	Scrambled Eggs/Boiled Egg Bacon/Monkey Bread Tater tots /Sausage Sausage Gravy & Biscuit Oatmeal	Broccoli Cheese soup Coconut crusted Cod w/pineapple salsa White rice w/ green onion Rst asparagus/Whole baby carrots Longevity noodles w/ chicken /Eggrolls Mushroom Pizza/Supreme Pizza
WED 10/20	Scrambled Eggs/ Boiled Egg Sausage Gravy/Biscuit Bacon/Tri Taters Sausage/Frittata Omelets Oatmeal	Chicken tortilla soup Penne w/meat sauce/Garlic toast Rst green beans/Cauliflower Waffle fries Grilled vegetable panini Cheese Pizza /Hawaiian pork bbq pizza
THURS 10/21	Boiled Egg/ Scrambled Egg Potato Mashers Sausage/ Sausage Gravy & Biscuit French toast sticks/ Oatmeal	Cream of Tomato Soup French onion chicken breast/Parslied rice California blend vegetable/Spinach Beef basil stir-fry Vegetable Deluxe pizza/Pepperoni pizza
FRI 10/22	Boiled Egg/Scrambled Egg Monkey Bread/Sausage Bacon/Sausage Gravy & Biscuit Tater tots / Oatmeal	Chili Smoked Beef Brisket Sweet potato fries Green beans / Beets Cuban Panini Cheese Pizza / Chicken Bacon ranch Pizza