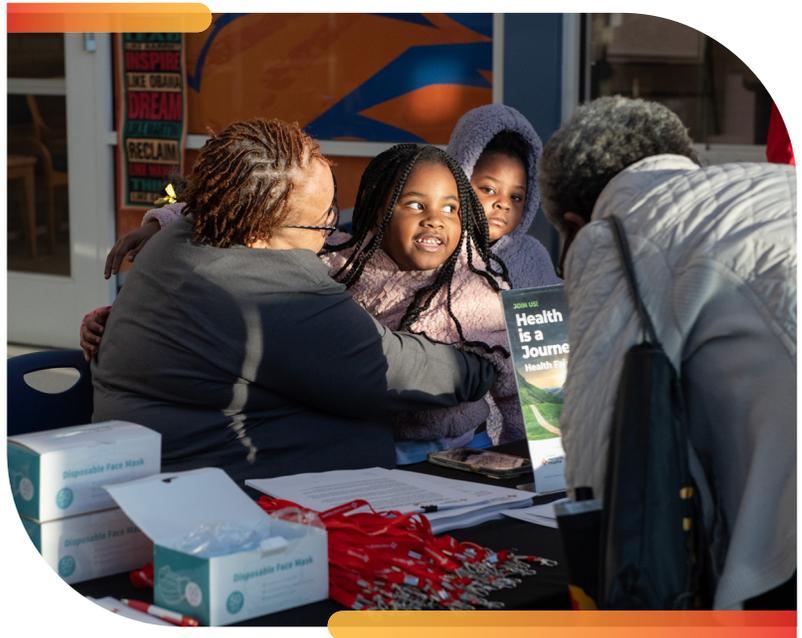


# Better Health Stronger Communities

2025 COMMUNITY BENEFIT REPORT



**Our Mission**

To improve lives and  
build stronger communities  
through better health

**Our Vision**

To be the health partner  
of choice



**Memorial  
Health**

## Community Health Needs Assessments and Implementation Strategies

Every three years, Memorial Health conducts Community Health Needs Assessments in collaboration with county health departments and other community health and social service providers.

The most recent Community Health Needs Assessments were conducted in 2024 and produced a new set of priorities that will be addressed in FY25–27 as part of each hospital's Community Health Implementation Plans (CHIPs).

Detailed information on each hospital's Community Health Needs Assessment and outcomes of the implementation strategies are available at [memorial.health/about-us/community-health](https://www.memorialhealth.com/about-us/community-health).

### Community Health Needs Assessment 2025–2027 Priorities

#### MEMORIAL HEALTH

- Mental Health

#### DECATUR MEMORIAL HOSPITAL

- Mental Health
- Racism
- Cancer
- Unemployment

#### JACKSONVILLE MEMORIAL HOSPITAL

- Mental Health
- Heart Disease
- Cancers
- Healthy Eating

#### LINCOLN MEMORIAL HOSPITAL

- Mental Health
- Healthy Weight
- Cancers

#### SPRINGFIELD MEMORIAL HOSPITAL

- Mental Health
- Chronic Diseases
- Homelessness
- Substance Use

#### TAYLORVILLE MEMORIAL HOSPITAL

- Mental Health
- Heart Disease
- Access to Primary Care  
Physicians



BY THE NUMBERS:

### Funded Organizations



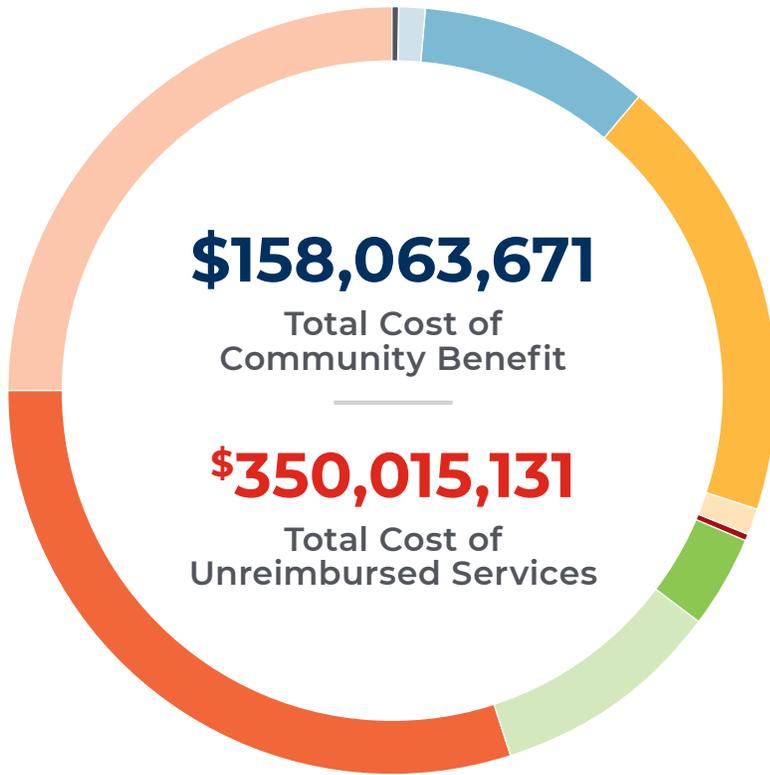
**\$354,500+**

In FY25, Memorial Health provided more than \$354,500 to support organizations that address social drivers of health in our communities, meeting the needs of local residents in areas like transportation, housing, food insecurity and much more.



**\$125,000+**

Memorial also provided more than \$125,000 in donations to support community events and activities that promote better health.



Community Health Improvement	\$ 1,770
Health Professions Education	\$ 3,734
Subsidized Health Services	\$ 34,298
Research	\$ —
Cash/In-Kind Contributions	\$ 65,543
Community Building Activities	\$ 4,027
Community Benefit Operations	\$ 810
Financial Assistance	\$ 13,397
Unpaid Medicaid	\$ 34,484
Unpaid Medicare	\$ 105,239
Bad Debt	\$ 86,710

dollars in thousands



BY THE NUMBERS:  
Virtual Cancer  
Support Groups



**95**

breast cancer group participants



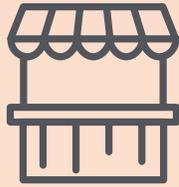
**128**

prostate cancer group participants



**146**

Finding Hope participants,  
a group for caregivers and anyone  
impacted by cancer



BY THE NUMBERS:

## LMH Market

Lincoln Memorial Hospital hosts the LMH Market, connecting Logan County residents with fresh local produce.



# 13,517

visitors in 2025 season



# 886

Power of Produce Club activities completed by 5-12 year olds



# 327

free health screenings provided



# \$11,280

SNAP matching funds provided



# \$59,309

in produce sales

### Decatur Memorial Hospital FY25

<b>Community Benefit Total</b>	<b>\$ 16,149</b>
Patient Financial Assistance	\$ 2,644
Unpaid Medicaid	\$ 5,087
Other Community Programs	\$ 8,418
<b>Decatur Memorial Foundation</b>	<b>\$ 902</b>

### Jacksonville Memorial Hospital FY25

<b>Community Benefit Total</b>	<b>\$ 12,523</b>
Patient Financial Assistance	\$ 2,620
Unpaid Medicaid	\$ 106
Other Community Programs	\$ 9,797
<b>Jacksonville Memorial Foundation</b>	<b>\$ 19</b>

### Lincoln Memorial Hospital FY25

<b>Community Benefit Total</b>	<b>\$ 6,917</b>
Patient Financial Assistance	\$ 750
Unpaid Medicaid	\$ 2,363
Other Community Programs	\$ 3,804
<b>Lincoln Memorial Foundation</b>	<b>\$ 159</b>

### Springfield Memorial Hospital FY25

<b>Community Benefit Total</b>	<b>\$ 112,938</b>
Patient Financial Assistance	\$ 6,202
Unpaid Medicaid	\$ 20,640
Other Community Programs	\$ 86,096
<b>Springfield Memorial Foundation</b>	<b>\$ 437</b>

### Taylorville Memorial Hospital FY25

<b>Community Benefit Total</b>	<b>\$ 2,257</b>
Patient Financial Assistance	\$ 593
Unpaid Medicaid	\$ 1,242
Other Community Programs	\$ 422
<b>Taylorville Memorial Foundation</b>	<b>\$ 110</b>



## TMH Partners with YMCA for Back 2 School Health and Resource Fair

A Back 2 School Health and Resource Fair for Taylorville residents was a resounding success in early August with more than 175 people attending.

Taylorville Memorial Hospital and the Christian County YMCA co-sponsored the event, which was held at the YMCA. Participants of all ages enjoyed a free community cookout provided by Dinner Seasoned with Love, music, games, kids' activities, free haircuts, a produce giveaway and prizes.

"This was the second year for the event, and the turnout was gratifying," said Jay Boulanger, community health consultant for TMH. "It really is an awesome opportunity for busy families to get organized and ready for the upcoming school year with a ton of resources readily available."

Healthcare providers from SIU School of Medicine, Springfield Clinic and TMH were also on hand to share information about health screenings, available mental health resources and even on-site school physicals and vaccinations.

Glenda Woolard saw the event advertised on Facebook and attended to check on giveaways for their teenage granddaughter who lives with them. She talked with two Taylorville school nurses about scheduling a school physical and required vaccinations, picked up school supplies including a backpack and also took home a bag of free produce.

"Everyone was so nice and helpful," she said. "I first thought maybe it was just for people with younger kids, but I was really glad I went. I learned things I needed to know for our granddaughter. We don't like to ask for help, but sometimes we have to. We are glad there are resources out there."



BY THE NUMBERS:

## Walking Challenges

LMH



**582**

total participants in two challenges



**43%**

of participants in May challenge reported improved mood and increased energy

TMH



**421**

total participants in two challenges



**28,010**

total miles walked

JMH



**8,153**

participant encounters at Walking for Wellness

## Bringing Wellness Resources to Local Families

Decatur Memorial Hospital partnered with Decatur Public School District 61 to present the “Health is a Journey” Fair at Hope Academy in Decatur in February. The event featured health screenings and resources, free activities like taste tests and cooking demonstrations, indoor workout demonstrations plus giveaways from 17 different vendors.

The event had a special impact for one participant, after results of a wellness screening indicated a possible thyroid issue.

Real estate agent Lashawn Fields, 47, staffed a booth with resources about home ownership. She was across the walkway from the DMH booth where they were doing thyroid screenings and walked over during a break.

“I had heard from some of my friends in their 40s about thyroid issues and thought I might as well check it out,” she said. “I was curious about what was involved. They used an ultrasound machine on my neck and found a nodule on my thyroid on my left side. The whole thing only took about five minutes. I was a little scared, but they reassured me and advised me to follow up with my primary care doctor with the screening results.”

Fields scheduled a follow-up appointment with her physician, and additional tests came back normal.

“They will keep an eye on it,” she said. “I had never heard about wellness events until the organizer contacted me about having a booth. It’s definitely something needed in our community.”

The wellness fair was part of DMH’s ongoing partnership with Hope Academy, a K-8 school in Decatur Public School District 61 that serves mostly students from low-income families.

In addition to providing health and wellness resources for families, the partnership also allows students to explore healthcare careers.

“Our partnership with Hope Academy is one way that DMH is working to meet health needs by bringing our services to the community,” said Sonja Chargois, DMH community health consultant.



## Mental Health Partnership Sends “Wellness On the Go!” Kits to Area Libraries

Timely and resource-packed mental health kits are now available for people to check out of their area public libraries, thanks to a regional community health initiative that features a partnership between Memorial Health and public libraries in Decatur, Jacksonville, Lincoln, Springfield and Taylorville.

“Wellness on the Go!” provides free, family mental health kits designed for ages 3 through adult. The materials include something for all ages and include books about emotions and mental health, worksheets on breathing and grounding techniques, coloring sheets, local support and mental health resources.

The partnership with area libraries is key in offering this resource to the public.

“Libraries are valuable community hubs, offering resources for people of all ages and stages of life,” said Molly McCain, a Memorial Health community health consultant. “Our goal is to reduce barriers to health information, raise awareness about available resources and strengthen collaboration with our local libraries. Librarians are genuinely excited about this resource being available in their communities.”

The kits can be checked out for a two-week period. Anyone in the community is free to check out the kits, and a library card is not required.

Mental health was identified as a priority for all five counties in the Memorial Health service area as part of the 2024 Community Health Needs Assessment report.



### BY THE NUMBERS: Colorectal Cancer Screenings

DMH



**82**

kits distributed



**42**

kits returned



**5**

positives

JMH



**85**

kits distributed



**10**

kits returned



**5**

positives



## Everyday Nutrition Class Helps People Be More Proactive About Their Health

A free educational program last spring led by Kevin Londe, DO, a primary care physician with Memorial Care in Lincoln, encouraged people to feel empowered to make healthy nutrition and exercise choices.

The four-week class held at the Lincoln Park District (which co-sponsored the class along with Lincoln Memorial Hospital) drew an average of 20 participants each week, with more than 35 registering.

“Our attendees learned about counting calories and understanding nutrition labels,” said Dr. Londe. “We also discussed the benefits of intermittent fasting, types of preferred diets for those with co-morbidities and the importance of different types of exercise to maintain muscle mass and benefit your cardiovascular system.”

One of LMH’s three priorities for the community health needs assessment report was healthy weight along with cancer and mental health.

“This program was a direct result of the community health needs assessment report, which identified ‘healthy weight’ as a priority,” said Molly McCain, community health consultant for LMH. “Giving people tools to better understand how a healthy diet and exercise can benefit their health is one way to address that priority.”

Reviews were positive for the class content. One participant wrote in a post-class survey: “I learned I have been way under my calorie needs on a daily basis, especially for as physically active as I am. Once I increased my calories, I started losing again.”

Another appreciated the reminder that even some exercise is better than none.

Additional classes are being considered for 2026.



### BY THE NUMBERS: Trauma Informed Care Training Sessions

Hosted by each Memorial Health hospital in FY25



5 in-person sessions held



2 virtual sessions held



127 participants



76%

Participants reported they had a better understanding of the effects of trauma as a result of the training

## Improving Community Health, One Person at a Time

Jacksonville Memorial Hospital's past Community Health Needs Assessments have identified access to healthcare as a concern, particularly among residents of underserved areas of the community. Healthy Jacksonville, a program founded by JMH in 2018, works to connect these residents with care using a community health worker model.

In 2025, 18 clients "graduated" from the program.

"While many clients are referred to Healthy Jacksonville by medical providers, our largest single source of referrals comes from the Jacksonville Police Department," said community health worker Erika Procarione.

Last year, the Jacksonville Police Department made Procarione aware of a household that was experiencing a high number of emergency calls due to one family member's substance use. Procarione worked with the individual to address the factors that kept them from completing a residential rehab program—improving not only their own quality of life, but also that of their family.

"I cannot believe where we are today and where we had come from," a family member said. "We never thought something like this would happen to our family, but it did. If it wouldn't have been for the help of Healthy Jacksonville, along with other people in the area, we would not have made it."

Healthy Jacksonville is also involved in an array of other initiatives that seek to address specific health needs in the community, including LINK matching at the local farmers market. This allows families that struggle with food insecurity to get more for their dollar when buying fresh, healthy local produce.

Healthy Jacksonville has also partnered with local law enforcement to create LEARN (Law Enforcement and Resource Network), which connects people experiencing homelessness or mental health crises with social services and community organizations.

"Improving the health of our entire community is a big goal," Procarione said. "But we see the human impact of this work with every client we graduate."

## SMH Launches Food Voucher Program for Food-Insecure Patients

Springfield Memorial Hospital and SIU Medicine are collaborating to help patients treated in the SMH Emergency Department get the resources they need for a healthy recovery.

The program uses SMH social work teams who conduct Social Drivers of Health screenings to identify patients who are food insecure. The patients are then connected with an SIU community health worker who provides them with food vouchers for fresh produce from community gardens and food from area food pantries to ensure better nutrition and aid in recovery.

"More than 100 food vouchers have been distributed since the program's launch in June 2025, and we've already seen improvement in patients' self-sufficiency in terms of access to food," said Galia Cossyleon, SMH community health consultant.

The initiative is part of SMH's Community Health Implementation Plan. Patients are identified for assistance using a screening about social drivers of health, which are defined as conditions in the environment where people are born, live, learn, work, play, worship and age that affect a wide range of health, functioning and quality-of-life outcomes and risks.

One patient who is experiencing homelessness and food insecurity has continued to receive fresh produce from the community garden and food from available pantries, thanks to targeted support from the community health worker.

"Creating relationships in order to facilitate better nutrition for patients in need is one of the goals of this program," said Cossyleon. "It's still a relatively new program, but we are making a difference, one patient at a time."





**Memorial  
Health**

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