

Better Health Stronger Communities

2025 ANNUAL REPORT



Our Mission

To improve lives and
build stronger communities
through better health

Our Vision

To be the health partner
of choice



**Memorial
Health**

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Dear Friends,

For more than 125 years, Memorial Health has grown and adapted to meet the ever-changing needs of the people we serve.

Today, the pace of change can seem more hectic than ever. But our commitment to doing the right thing for our patients and our communities remains the same.

In this report, you'll learn about how we fulfilled our mission in 2025, touching individual lives as well as improving the health of our entire region. At the same time, we began laying the foundation for our future, as we embarked on technology upgrades and strategic planning to ensure we are ready to meet the challenges of the years to come. This included launching a multi-year project to transition to the Epic electronic health record—connecting all our sites of care for the first time and creating a truly seamless patient experience.

At the heart of this important work is our people. Our colleagues across central Illinois are truly making a difference with their commitment, compassion and expertise. They are the keepers of our mission, and this report is a testament to all that we can achieve when we work together.

Thank you for your continued support of Memorial Health.

Mandy Eaton, PhD
President and CEO, Memorial Health

Michael Aiello
Chair, Memorial Health Board of Directors





Meet Mandy Eaton

Q&A with the New CEO

Mandy Eaton became president and CEO of Memorial Health on April 1, 2025.

What initially led you to pursue a career in the healthcare field?

My grandma Ruby was a pediatric nurse. Every day after school, my older brother and I got off the bus at her house, and she took care of us until our parents got home.

I did all the usual kid things, like skinning my knees, falling off my bike and getting stung by bees. And every time, Grandma Ruby was right there. She was kind, patient and knew just how to help, no matter how big or small the problem was. She made sure we felt safe and cared for, even in stressful moments.

She wasn't just looking after us—she was teaching us what it means to be compassionate and to help others without expecting anything in return. That's something I've carried with me in my own life, and it's a big part of why I wanted to work in healthcare. I hope I'm making Grandma Ruby proud.

What drew you to Memorial Health?

What really stood out to me was how Memorial Health has a strong history of taking care of its communities. I've spent my whole career working in healthcare systems that focus on the community, and my background is in public health. Helping people live healthier lives is something I care deeply about.

In my first few days here, I quickly saw how dedicated the teams at Memorial Health are. It was clear to me I wanted to be part of this mission. Memorial values teamwork, progress and making a real difference in people's lives—things that matter a lot to me. That's why I was so excited to step into this role.

Tell us about your life outside of work.

I'm lucky to be married to my best friend, Michael, and together we share our lives with Bugsy and Nova—two rescued Spanish Water Dogs who keep us on our toes. They love playing fetch, long walks, and true to their name, swimming. So we spend a lot of time outdoors, exploring new places and soaking up nature with them.

When I'm not spending time with Bugsy and Nova, Michael and I love playing golf together and traveling. I also enjoy running and reading, both of which help me recharge. I believe taking time off is important for both our mental and physical health. I always encourage the people around me to step away from work and use their time off to do things that bring them joy and energy. When we take breaks, we come back stronger and more focused. It's also important to set an example for our families—showing them that it's okay to unplug and prioritize well-being.

What have been your top priorities during your first months at Memorial?

In my first weeks, I focused on meeting as many people as possible. I spent time with my team and our colleagues, listening to their ideas and learning about what makes Memorial Health such a great place. It's clear the people here really care about their work and the communities we serve.

Every conversation taught me something new about how we can make healthcare better—whether it's improving patient care, building stronger connections with the community, finding new medical innovations or keeping Memorial Health financially strong.

I realized that we need to prioritize supporting our colleagues and leaders. Our frontline leaders, in particular, have been doing a great job while facing many pressures over the past few years. In October, we held ELEVATE, the first in-person, organization-wide leadership meeting since the COVID-19 pandemic. This gathering was an intentional investment in equipping our leaders with the tools and resources they need to lead their teams successfully during this time of change and opportunity. It was a great experience, and I hope we can build on the energy I felt in that room.

Now, I'm looking ahead as we prepare to launch a new strategic plan that will set big goals for the future. Together, we'll work on important topics like making sure every patient and colleague has a great experience, providing fair and equal care, using technology in smarter ways and strengthening partnerships in the community. All of this will help us grow and build even stronger teams.

ABOUT MANDY EATON

Dr. Eaton previously served as executive vice president and chief operating officer of Cone Health, a non-profit healthcare organization that includes five hospitals and numerous outpatient locations serving a five-county area in North Carolina.

She completed her undergraduate and graduate studies at the University of North Carolina at Chapel Hill, graduating with a Bachelor of Science degree in public health and a Master of Science degree in healthcare administration, before earning a doctorate degree in leadership studies from North Carolina A&T State University.

New Leadership for DMH, LMH

Two Memorial Health hospitals gained new leadership in October 2025.



Tanya Andricks was named president and CEO of Decatur Memorial Hospital, following former CEO Drew Early's promotion to Memorial Health chief operating officer.

Andricks, who began her career as a registered nurse in the DMH Emergency Department, had been CEO of Decatur-based Crossing Healthcare since 2013. She also served on the DMH and Memorial Health boards of directors.



Tamar Kutz was named president and CEO of Lincoln Memorial Hospital. She replaced Dolan Dalpoas, who took on the newly created role of Memorial Health chief community impact and philanthropy officer.

Kutz, who was previously vice president for quality and operations at DMH, also served as interim DMH CEO for several months in 2025.



A Structure to Support Our Strategy

The Enterprise Leadership Team provides system-level leadership for Memorial Health. The team was selected to enable Memorial Health to achieve its strategic goals in the coming years and prepare the organization to meet the challenges of the future.



Mandy Eaton, PhD
President and CEO, Memorial Health



Ted Clark, MD
*Senior Vice President
and Chief Clinical Officer*

AREA OF FOCUS: Memorial Medical Group, Quality & Safety, Memorial Behavioral Health, Population and Home Health; Epic implementation project

BACKGROUND: Emergency medicine physician; previously Decatur Memorial Hospital chief medical officer



Dolan Dalpoas
*Senior Vice President and
Chief Community Impact
and Philanthropy Officer*

AREA OF FOCUS: Critical access hospitals; community health initiatives; Memorial Health foundations

BACKGROUND: Nearly 20 years as CEO of Lincoln Memorial Hospital



Drew Early
*Senior Vice President
and Chief Operating Officer*

AREA OF FOCUS: Springfield Memorial Hospital and Decatur Memorial Hospital; organization-wide support operations; Epic implementation project

BACKGROUND: Six years as CEO of Decatur Memorial Hospital; held multiple operations leadership positions at Springfield Memorial Hospital



Sarah Matlin
*Senior Vice President
and Chief Strategy Officer*

AREA OF FOCUS: Patient-focused, mission-driven growth and innovation

BACKGROUND: More than a decade of healthcare strategy experience, including at St. Elizabeth Healthcare and Deloitte Consulting



Katie Keim
*Senior Vice President
and Chief Financial Officer*

AREA OF FOCUS: Finance, revenue cycle, budgeting

BACKGROUND: Began at Memorial as treasury analyst; served as accounting manager, director of finance and vice president of finance



Elisabeth Klar, PhD
*Senior Vice President and
Chief Human Resources Officer*

AREA OF FOCUS: Human Resources; colleague recognition and culture

BACKGROUND: Two decades of HR experience prior to joining Memorial in 2022, including roles at Highmark Health and Cleveland Clinic



Suresh Krishnan
*Senior Vice President
and Chief Information Officer*

AREA OF FOCUS: Information Services, Clinical Informatics; Epic implementation project

BACKGROUND: Three decades of healthcare technology leadership, most recently as chief technology officer of Cone Health





From Lifesaving Care to Continuing Progress

KJ Reid didn't get sick. Not as a child. Not as an adult. Then in February 2023, his healthy streak came to an abrupt and dramatic end.

The honors chemistry teacher at Springfield High School went home after school one day with flu-like symptoms. The following day, after testing negative for strep, COVID-19 and influenza at Memorial Care, he stayed at home with a regimen of practical remedies: rest, Gatorade and ibuprofen. He quarantined in bed all day to protect his family from the virus.

"But I just kept feeling worse and worse," KJ said. "My wife, Kenna, called me downstairs to help watch our daughter while she left for class. When she saw me, my lips were blue because my oxygen was being cut off. I knew I was in bad shape."

A fight for his life

Kenna Reid packed KJ and their then 13-month-old daughter, Mariana, into the car and rushed to the Emergency Department at Springfield Memorial Hospital (SMH). After extensive tests and bloodwork, KJ was diagnosed with necrotizing fasciitis or Group A Streptococcus, an extremely rare and serious bacterial infection, also known as "flesh-eating strep."

He was in a fight for his life, but a lifesaving team came together quickly. The SMH physicians and care teams, Springfield Clinic physicians and Southern Illinois University School of Medicine plastic surgeons and dermatologists were up for the battle. The first week, he had 17 IVs. The bacteria were destroying his tissue,

and IVs were falling out with his skin. Two RNs were assigned to him 24/7 to give him the round-the-clock care he needed.

His prognosis was bleak, but he survived a lengthy list of health crises including cardiac arrest, intubation and being on a ventilator. He suffered kidney and liver failure. His hands and feet turned black as the soft tissue infection systematically destroyed muscle, fat and skin tissue. He would go on to have 16 surgeries, including amputations of his hands, feet, arms and legs. Thankfully, he remembers very little of those first weeks.

"If it wasn't for the ICU docs and the ICU nurses, KJ wouldn't be here," KJ's mother, Chris Reid, said. "They really, really cared about him. They were so invested in his survival."

Tadd Schroeder was an ICU supervisor during KJ's five weeks in intensive care. He remembers the complexity of the care required and the emotional investment of his ICU care team in KJ's survival.

"KJ's case was one we will never forget," Schroeder said. "He was sick with something so simple—strep—and it became so severe so rapidly. He was truly a fighter."

He was a living miracle, and his students, colleagues, friends and family—as well as the care teams at SMH—celebrated when he was finally discharged after four and a half months of hospitalization.

"Our joy was seeing him get better and returning to the classroom to teach again and be there for his young child and wife," Schroeder said.

Support for the journey

That was just the beginning of the work ahead. After discharge came outpatient rehabilitation at Memorial Care on Koke Mill, where KJ learned how to use prosthetic legs and arms to regain everyday abilities.

His rehabilitation team has helped KJ progress from being completely wheelchair bound to gaining balance and increased stability on prosthetic legs. Their efforts have been aided by major advances in prosthetic technology provided by Springfield-based Hanger Clinic.

KJ moved from prosthetic arms with hooks to being fitted for myoelectric devices. The new, more life-like hands use nerve impulses from muscles in his upper arms and provide far more functionality as he tackles tasks at home and in the classroom.

Learning how to use the prosthetic C-legs (legs that use computerized sensors) has required patience and perseverance.

In early fall 2025, KJ had his lower extremity prosthetics re-cast for a better fit and greater function, which has allowed him to stand up without assistance and walk further distances with crutches using less energy and support.

Today, he is walking in rehab with one crutch and continuing to build the strength and endurance necessary to meet his ultimate goal of walking without an assistive device.

He is excited about being on the C-legs on a full-time basis because those legs put him at his normal height before the amputations.

"I'm looking forward to being a reflection of that person again," he said. "Once I'm able to walk on those legs full-time, I will pretty much be able to regain most of what I had lost: my mobility and independence."

"KJ's case was one we will never forget."

Tadd Schroeder, SMH ICU





A Special Delivery for Memorial Care in Chatham

Colleagues at Memorial Care in Chatham were just settling into their workday early one July morning when a car sped into the parking lot.

Inside was Destiny Hook, 33, who was in late-term labor with her fourth child—and who knew the baby wouldn't wait until she reached the hospital in Springfield.

Family practice physician Christie Scheibler-Ventress, MD, had arrived a little early to catch up on paperwork. Meanwhile, at the front desk, patient service specialists Denise Callarman, LuAnn Crow and Dustie Rohdeman were organizing schedules when a man ran up shouting for an ambulance.

"My fiancée is having a baby," James Kimbler shouted.

A team effort

Callarman called 911 and Crow ran to find Dr. Scheibler-Ventress. The team rushed out to the car to help.

Medical assistant Schantel Austin brought towels and gloves for Scheibler-Ventress. Hook was in the passenger seat, and it was clear her water had broken.

"We were definitely trying to make it to Memorial Care," said Hook, who was riding in her sister's car. "I had been there a couple weeks earlier, and they were really good to me then. Delivering in the car was a crazy experience but a fun one."

Rohdeman helped Hook's young niece out of a car seat and headed inside, while Austin and LPN Brandy Carter climbed into the back to provide assistance.

They reclined the passenger seat as far as it would go and helped Hook into a more comfortable position. The training Scheibler-Ventress received as an SIU School of Medicine resident on her OB rotation more than 20 years earlier came back quickly.

"I was focused on the mom and the situation," Scheibler-Ventress said. "I was worried something was going to be wrong because we had nothing here to deliver a baby. And I didn't know anything about the mom or her medical history."

Scheibler-Ventress told Hook not to push yet, but the baby had other plans. She started pushing just as the ambulance was pulling in.

"I delivered the shoulder and was relieved the cord wasn't around the neck," Scheibler-Ventress said. "He literally came out with two or three pushes, and I held him. He was crying right away. What a great sound!"

Xavier Kimbler had arrived, along with the EMTs, who came over and clamped the baby's cord and took over caring for mom and baby.

A healthy delivery

Hook is grateful for the care she and Xavier received in those exciting parking lot moments, especially the calm professionalism Scheibler-Ventress showed.

"She was right there in perfect control of the situation," Hook said. "Once I saw her, I knew I would be OK."

Hook and her new baby boy were transported by ambulance to the hospital, where they stayed for two nights. Xavier weighed in at 8 pounds and 9 ounces—healthy and strong. He joined three older sisters at home.

"Delivering a baby in the parking lot has definitely been the craziest thing that has happened during my time here," Scheibler-Ventress said, laughing. "But as a team, it was cool how we were able to be there for this patient and her family in an important way."

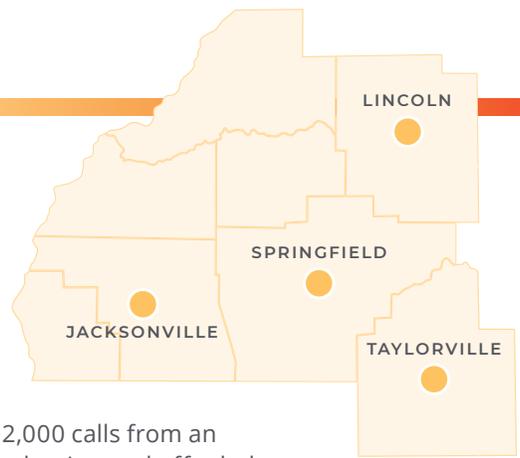
*"He was crying right away.
What a great sound!"*

Christie Scheibler-Ventress, MD

Pictured: The Memorial Care in Chatham team that helped deliver baby Xavier included Luann Crow, Denise Callarman, Dr. Scheibler-Ventress and Brandy Carter, LPN.



24/7 Crisis Care for the Entire Region



When someone experiences a mental health crisis, they don't always know where to turn. The Mobile Crisis Response Team is working to change that, one call at a time.

During the past three years, the team has responded to more than 12,000 calls from an eight-county service area. They provide an in-person or telehealth evaluation and offer help at the moment of crisis, as well as make referrals and offer follow-up.

The program was established to help divert people in crisis from hospital emergency rooms or the legal system. The team works closely with local law enforcement, who often find themselves on the front lines of mental healthcare.

Responding to mental health crises "just isn't law enforcement's area of expertise," said Leah Jones, who oversees the program for Memorial Behavioral Health. "When we are able to step in and intervene, they're able to focus on their top priority, which is safety."

Since its launch in 2022, the Mobile Crisis Response program has grown to include a staff of 21 mental health professionals, eight of whom work full-time for the program. This includes colleagues with lived experience with mental health and/or substance use, who are uniquely qualified to help others walking the same path. The services are available to everyone, regardless of insurance status, for no fee.

Around 82 percent of calls to the crisis line come from people experiencing a crisis, their loved ones or others who are concerned about their well-being. The remainder are referrals from law enforcement.

Partnering for support

Jones said that buy-in from law enforcement agencies has been crucial to the success of the program.

"The collaboration between MBH and SPD has been extremely beneficial, not just with handling calls for service, but also with de-escalation," said Springfield Police officer Connor Brewer, noting that calls often involve individuals who have had previous contact with MBH staff. Seeing a familiar face can help calm the situation.

Staff from the team also ride along with Springfield police officers six days a week. They dress in street clothes and present themselves as peers, not authority figures. "We're able to have a person-to-person conversation without the power dynamic," Jones said.

Calling the crisis line doesn't mean an individual will end up in inpatient psychiatric care—in fact, 87 percent of calls are resolved without a trip to the hospital. Individuals also have the option to choose whether post-crisis follow-up care, like therapy or case management, is right for them.

Jones said that a mental health crisis doesn't have to be a life-or-death situation, in which someone is a danger to themselves or others. "We don't define people's crises for them," she said. "Our job is to give them the tools they need, within their communities."



217-788-7070

Mobile Crisis Response
available 24/7



12,000+

calls in 3 years



87%

calls resolved
without hospitalization





Nursing Initiatives Help Rank DMH Among Safest Hospitals

Patients come to the hospital seeking healing from illness or injury. But hospital-acquired infections can put that healing at risk.

Over the past several years, Decatur Memorial Hospital has succeeded not only in lowering rates of hospital-acquired infection and other patient safety issues, but also sustaining those gains over time. Thanks to that work, DMH now ranks among the safest hospitals in the state and nationwide.

In 2023, the DMH Nursing Performance Outcomes Council, working with Infection Prevention, began a project aimed at reducing rates of catheter-associated urinary tract infection, or CAUTI. They introduced some simple changes to the way that nursing teams care for patients with catheters—changes that had a big impact. In the two years since, DMH has had a total of only four incidences of CAUTI. (On average, a hospital DMH's size has about five CAUTIs per year.)

In 2025, Becker's Hospital Review included DMH on lists of hospitals with the lowest CAUTI rates in the country, as well as the lowest MRSA (methicillin-resistant *Staphylococcus aureus*) rates.

"DMH has a culture that is very patient-minded, where people are willing to talk openly about safety and hold each other accountable," said Gina Carnduff, system director for operations improvement.

"The question they always come back to is, 'Is this the right thing to do for the patient?'" said Cassie Hawk, manager, quality improvement.

Sustained success

CAUTI prevention isn't the only area where DMH excels. The same nursing interventions that helped reduce the impact of CAUTIs, plus some additional measures, also reduced the rate of central line associated bloodstream infections (CLABSI). DMH has had only one incidence of CLABSI since February 2023.

In addition, for 18 consecutive months, the hospital went without a serious patient injury due to a fall. DMH nurses use a scoring tool to assess each patient's fall risk and use that score to determine which specific fall-prevention measures could benefit the patient.

Nursing leaders are also working on projects to reduce other infection measures, such as oral care protocols to prevent hospital-acquired pneumonia. Cases of hospital-acquired pneumonia went down by 50 percent during the first 12 months those protocols were in place, and additional work was underway in 2025 to further reduce pneumonia risk in patients.

Hawk credits DMH nursing leadership and frontline caregivers with keeping the momentum going over time. "It's impressive to have these results, but it's even more impressive to sustain them over the long-term," she said.

Data-powered evidence

Stacey Taylor, DMH professional nursing practice director, said that transparency with data is central to that success. Nursing units regularly discuss their current infection rates and celebrate successes, keeping each other accountable. Allowing everyone access to the data means that nursing teams can see the impact of the interventions they're putting into place in real time.

Taylor noted that feedback from frontline nurses helped integrate the new interventions into day-to-day work. "People want to know more than just what to do—they want to know why they're doing it," she said. "Showing the evidence in the data helps do that. And everyone wants a good outcome for the patient."

The result is a nursing culture where success in infection prevention is driven by high standards, accountability—and a little good-natured competition among units.

"I'm so proud of our teams and the nurses who have adopted changes at the point of care," Taylor said. "That's where our success lies: with our frontline staff."

Memorial Kicks Off Epic Electronic Health Record Transition

In October 2025, Memorial Health held the official kick-off meeting for the transition to the Epic electronic health record. The multi-year project will unite the entire organization on a single EHR, creating a more seamless experience for patients, colleagues and clinicians.

Throughout 2025, work was underway behind the scenes to assemble a team of full-time colleagues dedicated to the transition and enabling the long-term success of Epic. That team consists of 107 analysts, educators, change practitioners and leaders. They will partner with clinical and non-clinical stakeholders across the organization to design and build the Epic EHR. One of the team's priorities is identifying ways to automate or streamline processes so clinical staff can spend more time caring for patients and less time entering information into the EHR.

"This transition marks a major turning point for Memorial," said chief operating officer Drew Early, who is the executive sponsor for the project alongside chief clinical officer Ted Clark, MD. "Moving to Epic is more than a technology upgrade—it's an opportunity for us to better serve our patients, communities and caregivers."





DMH, Specialty Care Partner to Strengthen Stroke Care for Local Residents

When treating stroke, every second counts—and it's important to have a skilled team of professionals ready to provide care around the clock.

Memorial Specialty Care has partnered with Decatur Memorial Hospital to strengthen stroke care at DMH by providing neurohospitalist services.

DMH is designated as a primary stroke center, which means the hospital has a dedicated stroke response team that is equipped to provide lifesaving emergency care for stroke patients quickly. That team includes Memorial Specialty Care neurohospitalists, who provide stroke care and general neurology consultations on-site from 8 a.m. to 4 p.m., seven days a week, as well as on call outside these hours.

The neurohospitalist team includes Samuel Capouch, MD; Nida Faheem, MD; and Delphi Barua, MD.

In addition to providing neurohospitalist services, Memorial Specialty Care Neurology also treats patients with a wide range of brain, spinal cord and nervous system conditions, including neuropathy, multiple sclerosis and epilepsy.

"We continue to work with our partners at DMH to better meet the health needs of the community," said Kimberly Paskiewicz, system administrator for specialty services at Memorial Health. "In recent years, we've collaborated to raise the level of stroke and heart care available in Decatur so patients can get both emergency and follow-up care close to home."



Samuel Capouch, MD



Nida Faheem, MD



Delphi Barua, MD

TMH Nationally Ranked for Quality, Safety, Cleanliness

In 2025, Taylorville Memorial Hospital received a prestigious four-star rating from the Centers for Medicare and Medicaid Services (CMS).

CMS, a federal agency, rates hospitals on a scale of one to five stars based on patient experience, readmission rates, timely and effective care, safety and mortality rates. TMH is the highest-rated hospital of any size in central Illinois.

CMS also awarded TMH five stars for cleanliness. Only 13 hospitals statewide achieved this distinction.

"This honor is a reflection of the great experience our staff provides for our patients, and their focus on providing safe, high-quality care," said Kim Bourne, TMH president and CEO. "Every one of our colleagues, medical staff and volunteers has a role to play in creating that experience."





Now Meeting Fitness Goals



90%
Female Patients



80%
Male Patients

Narrowing Gender Disparities in Cardiac Rehab Outcomes

In 2024, exercise physiology coordinator Mark Craig noticed a surprising trend while reviewing data from the cardiac rehab program at Lincoln Memorial Hospital. On average, female patients were making much less progress during their cardiac rehab sessions than male patients.

Cardiac rehab is designed for patients who are recovering from a cardiac event like a heart attack or heart surgery. The baseline goal is to increase their fitness by at least 1 MET level over the course of their rehab sessions. (MET stands for Metabolic Equivalent of Task, a unit that measures intensity of exercise via oxygen consumption.)

When Craig ran the data in early 2024, 67% of male patients were hitting the goal, but only 38% of female patients were. Meanwhile, the average net increase in MET level during cardiac rehab was 2.3 for men, but only 0.9 for women. While a small number of female patients improved their MET level significantly during rehab, the team knew they could do better for the majority of women in the program.

Working with a Lean Six Sigma project team, Craig identified subtle but significant changes to the rehab experience that could help bridge the gap: helping the patient set clear, specific goals; addressing pain that kept patients from participating fully in rehab; creating handouts that outline each exercise; and giving patients frequent, measurable feedback.

As a result of that work, 90% of female patients now hit the goal of increasing by at least 1 MET level, with an average increase of 2.5 MET levels. But the progress isn't restricted to women. Eighty percent of male patients now reach the goal, with an average increase of 2.4 MET levels.

These simple changes have had a big impact, while still maintaining the friendly, fun atmosphere that so many patients enjoy at LMH Cardiac Rehab. "We still talk about kids, about birthdays, about what we did this weekend," Craig said. "But we also talk about what specific things we can do to help the patient improve."





JMH Hyperbaric Chamber Aids Wound Healing

Never mind the submarine vibe of the hyperbaric oxygen chamber at Jacksonville Memorial Hospital.

Patient Brad Russell was thrilled with the extra room in the multi-place chamber. The 58-year-old Springfield man is 6'8" and admittedly somewhat claustrophobic.

At the advice of his care team, he took the short drive to JMH to use a more spacious multi-place chamber, the largest available in central Illinois. Russell now holds the record for most treatments there at 80!

"It was really interesting," said Russell about the process. "You are getting into something that looks like a submarine. It's crazy what technology can do nowadays. I am glad it was there. Otherwise, I would have a big gap in my leg and be fighting off infection all the time."

Hyperbaric oxygen therapy (HBOT) delivers oxygen to damaged tissue at an air pressure rate of 2 to 3 times higher than normal air pressure. The therapy is a key factor in healing persistent, chronic non-healing wounds, according to Libby Nobis, EMT-B, CHT, supervisor of the HBOT program at JMH.

The chamber is part of the Advanced Wound Healing Center at JMH, which treats patients with

diabetic foot ulcers, venous stasis ulcers, post-surgical incisions, radiation wounds, traumatic injuries, pressure ulcers and any wound not healing within thirty days.

While the therapy may not be well-known, it proves effective for those patients who can commit to the unusual environment and time commitment involved.

"Brad was a model patient," Nobis said. "He holds the record for the most treatments ever at JMH so we all really got to know him. One patient was pretty apprehensive about the small space inside the chamber, and Brad was really talking him through it, along with the inside hyperbaric tech Carrie Wills."

Today, Russell is done with HBOT treatments after significant improvement. His teenage daughter is exploring healthcare as a career field after his medical journey. He is also recovering from a torn muscle in his knee and walking with a crutch, but he keeps it all in perspective.

"Three years ago, they told me I was going to die," he said. "My knee hurts, and that means I'm alive. What a journey."



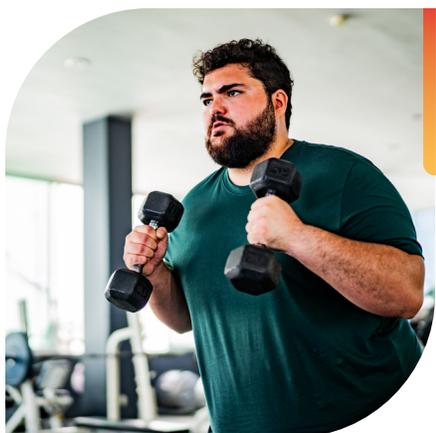


Wellness Center Serves as GLP-1 Resource for Patients, Physicians

GLP-1 medications are increasingly popular, and many patients—and their physicians—are seeking to learn more about this relatively new weight loss option.

That’s where the Memorial Wellness Center comes in.

“Every day, the information is changing and evolving,” said Nicole Florence, MD, medical director of the MWC. “Our philosophy is that we want to help everyone who’s prescribing these medications, as well as people who are taking them.”



Glucagon-like peptide 1 receptor agonists, or GLP-1 medications, were originally developed to treat type 2 diabetes. They help stimulate insulin production and slow the rate at which food moves from the stomach to the intestines. This makes people feel full longer and eat less, which can spur weight loss.

Because these medications have only recently been approved for weight loss, Dr. Florence has begun giving presentations and offering provider-to-provider guidance to primary care physicians. Around 40 percent of people who start taking these medications stop due to side effects, making it essential that physicians understand how to help patients have a positive experience with GLP-1s.



The MWC also offers resources directly to patients who are considering GLP-1s or who have been prescribed the medications. They offer virtual classes that discuss issues like how to reduce side effects and maintain lean muscle mass while losing weight. They provide resources that can help patients start the conversation about GLP-1s with their doctors and understand what questions are important to ask.

GLP-1s “are just one more tool,” said Wendi Schutte, clinical manager of the Memorial Wellness Center, noting that they’re most effective when used alongside traditional lifestyle changes like increased exercise and good nutrition. The MWC offers a safe, nonjudgmental environment for people who may have tried multiple weight loss options in the past as well as those who are beginning the journey for the first time.

Weight management is complex, Dr. Florence added, and the MWC focuses on a holistic and individualized approach that helps patients find what works for them long-term—whether that’s a GLP-1 medication, assistance with lifestyle changes or bariatric surgery.

“We’re here to meet people where they are,” she said.





Jacksonville Colleagues Continue to Serve Community During Power Outage

In June 2025, a tornado touched down just west of Jacksonville Memorial Hospital. Although damage on the JMH campus and at other Memorial locations was minor, power was knocked out to Jacksonville for more than 12 hours.

Memorial colleagues in Jacksonville went above and beyond to make sure essential services remained available during the outage. The JMH Emergency Department stayed open, thanks to a generator powering medical equipment. Without air conditioning and with temperatures inside JMH rising, colleagues helped transfer critical inpatients to Springfield Memorial Hospital and other local facilities.

Both Memorial Care locations in Jacksonville closed, but virtual care via the My Memorial app continued to be available to local patients. The Memorial Behavioral Health Crisis Response Team also remained on call throughout the aftermath of the storm.

Although power was restored overnight, teams at JMH continued to address the impact of the outage for days to come:

- Local emergency management services worked closely with the JMH Emergency Department, nursing and bed placement services to ensure safe transfers.
- Environmental Services conducted a large-scale cleaning to address condensation that formed while JMH was without air conditioning.
- Central Sterile and the OR worked long hours to ensure instruments and OR rooms were available as soon as possible.
- Supply Chain replenished crucial supplies that were affected by heat and humidity.
- Facilities and Engineering crews handled numerous tasks related to the power outage as well as cleanup of storm debris.

"I'm proud we were able to continue to serve our community even in difficult circumstances," said JMH president and CEO Trevor Huffman. "Colleagues at JMH and all our Memorial locations in Jacksonville truly came together to help and support each other and our patients."



Celebrating the Memorial Legacy

In 2025, Memorial Health published a third edition of *Memorial Days*, a chronicle of the organization's history. The new edition brings the story up to the present day and includes more than a hundred photos and documents from the Memorial archives—some of which have never been publicly displayed.

A digital edition of *Memorial Days: A Visual History of Memorial Health* is available online at memorial.health/about-us/history.



1950s Time Capsule Discovered at TMH

Matt Thomas, regional director for facilities management, had always heard there was a time capsule placed during the construction of St. Vincent Memorial Hospital—the precursor to Taylorville Memorial Hospital—in the early 1950s. When the facility underwent a large-scale renovation in 2020 and 2021, Thomas had crews on alert for the rumored capsule.

“Many of the older staff were aware that a time capsule was placed in the hospital,” Thomas said. “Every time we moved to a different wing to start demolition, we would hand search areas that might have been a logical place for a time capsule, but we didn’t find anything.”

When TMH facilities manager Corey Black decided to have the 1953 cornerstone cleaned as part of a landscaping project, worker Andy Mateer uncovered something under the loose mortar. A rectangular piece of slate appeared, which seemed to cover a hollow void in the solid limestone. After careful chiseling, the time capsule was fully revealed and lifted out of the cornerstone.

Area history buffs were interested in the contents of the box, which included a history of the former St. Vincent Hospital, including photographs of the hospital in 1940 and 1953, autographs of the Sisters of the Adorers of the Blood of Christ and hospital personnel and copies of the Western Catholic Sunday Diocesan paper and the Taylorville Breeze-Courier.

The display coincided with another significant date in TMH history, as 2025 marked the 30th anniversary of the hospital's affiliation with Memorial Health in 1995.



Memorial Learning Center Named in Honor of Ed Curtis

During retirement celebrations for former president and CEO Ed Curtis in March 2025, the Memorial Health Board of Directors announced that the Memorial Learning Center would be renamed in Curtis' honor.

The Memorial Learning Center, which celebrated its 10th anniversary in 2025, provides learning and simulation opportunities not only for Memorial colleagues, but also for the students and residents of SIU School of Medicine, first responders and members of the military, plus other healthcare professionals from our region and across the country.



DMH CRNA Program Celebrates Anniversary

In 2025, the Decatur Memorial Hospital Nurse Anesthesia Program celebrated 60 years of providing education and training in the field of nurse anesthesia.

The program, which launched in 1955, was founded by a group of Decatur anesthesiologists who recognized the need for a nurse anesthesia program in central Illinois. Today, the program continues in affiliation with Millikin University and offers a full-time, 36-month course of study that provides doctoral-level nursing courses, followed by anesthesia-specific courses and clinical rotations at DMH. Decatur Memorial Foundation supports the program by funding scholarships for students.

“This program has a long history at DMH and has graduated more than 500 skilled nurse anesthetists who have served patients here in central Illinois and beyond,” said Dana Flatley, CRNA, DNP, current director of the Certified Registered Nurse Anesthetist Program. “We are proud to continue that legacy.”

JMH Celebrates 150 Years

Jacksonville Memorial Hospital, the oldest of Memorial Health’s five hospitals, celebrated 150 years of service to the community in 2025.

The JMH story began when local resident Eliza Ayers, a well-to-do widow, wrote a letter to Lutheran minister Rev. William A. Passavant, offering him five acres of her property to establish a hospital.

Passavant had a nationwide reputation for establishing hospitals, orphanages and other institutions aimed at improving the health and well-being of people in need. After some stops and starts, Ayers was finally able to complete her donation to Rev. Passavant in 1875. Jacksonville Memorial Hospital was the fourth hospital he personally founded and the 149th hospital in the United States.

By the middle of the 20th century, the hospital had outgrown the property donated by Eliza Ayers 70 years earlier and a new facility was built on West Walnut Street (site of the present hospital) and was ready for occupancy in 1953.

Upon its affiliation with Memorial in 2014, JMH became the health system’s second-largest hospital.

JMH celebrated its milestone with an array of special commemorations, including a dinner and musical program in November that featured skits from past JMH Auxiliary fundraising shows known as “The Follies.”

“We’re very proud to have such a long history of service,” said Trevor Huffman, JMH president and CEO. “Throughout the years, JMH has grown and adapted to meet the needs of the people we serve. We have continued to thrive thanks to the support of our community.”



Offering Learning Opportunities in Rural Health

Megan Price fell in love with taking care of others as a resident assistant at an assisted living and memory care facility in Springfield.

Thanks to the Rural Medical Education Program (RMED) at the University of Illinois College of Medicine Rockford, the now 25-year-old Petersburg native is well on her way to becoming a first-generation physician.

The nationally and internationally recognized RMED program recruits and educates medical students who will practice medicine in a rural location upon completion of residency training practice. RMED is an add-on to medical school curriculum. Both Lincoln Memorial Hospital and Memorial Care in Lincoln played an important role in Price's hands-on training.

She did a rotation at LMH and then finished with a longer immersive clinical rotation at Memorial Care in Lincoln under the supervision of longtime family medicine physician John Wahab, MD.

Dr. Wahab has mentored many SIU School of Medicine interns over the years, but Price was his first through RMED. As a medical student himself, Wahab was part of SIU's Lincoln Rural Track Program, now called the Lincoln Scholars Program, which allowed him to do an elective in a rural clinic. He came to Lincoln as part of that program and never left.

In 2023, the Illinois Rural Health Association presented him with the Rural Physician Lifetime of Service Award. He understands the importance of training and recruiting talented young people to the medical field, especially in rural areas.

The timing of Price's rotation with Memorial Care couldn't have been more perfect. Dr. Wahab had injured himself in a fall and had one arm in a sling for some of her rotation.

"It's been a good experience for both of us," he said. "She helped me with ENT exams. We called the patients with scheduled injection procedures and told them I wouldn't be able to do them, but we had a medical student who could under my supervision. They were always pleased to learn she was local talent from Petersburg. She's done a great job."

Jacksonville Memorial Hospital and Taylorville Memorial Hospital also host RMED students. In 2025, RMED recognized JMH with its Rural Health Hero Training Site Award.

Price has appreciated her hands-on training and the opportunity to get to know local patients.

"The opportunities offered through RMED are truly unique in that you receive an added curriculum based on rural healthcare," she said. "Being able to witness rural healthcare firsthand during clinical rotations where I was given so much autonomy as a medical student was incredibly valuable."





Healthcare Careers Camp Provides Hands-On Experience

In June, 29 junior and senior students from 15 area high schools participated in the Memorial Health Healthcare Careers Camp in Springfield. Students worked alongside our academic partners and Memorial colleagues in the Memorial Learning Center simulation labs and learned more about healthcare careers with representatives from local colleges and universities.

Upon completion, 75% of camp participants agreed that they were "very likely to pursue a career in healthcare" and 70% of participants reported that they "will change something related to their career plans as a result of the camp."

Inaugural Class Graduates from ISU Springfield Nursing Campus

In May, the first cohort of students to attend the Illinois State University Mennonite College of Nursing campus in Springfield got their diplomas and began their nursing careers.

Memorial Health partnered with Mennonite College of Nursing to establish the Springfield campus in 2023. Students undergo the same coursework as students on the school's Normal campus, while getting clinical experience at Memorial sites of care.

"We were thrilled to provide opportunities for these students to gain experience at Springfield Memorial Hospital and our Memorial Care clinics," said Jennifer Bond, vice president and chief nursing officer at Springfield Memorial Hospital. "This partnership allows us to expand the capacity of nursing education opportunities within our region."

More than 30 percent of the first graduating class committed to work at Memorial after graduation.

"After experiencing clinicals and working at Decatur Memorial Hospital, I found myself drawn to the supportive and friendly environment provided by staff," said Eddie Trauscht, BSN. "This led to my decision to accept a full time ICU RN position. As my career continues, I hope to return to school and begin my journey to become a certified registered nurse anesthetist."



Leading Boldly for the Future

In October 2025, more than 500 leaders from across Memorial Health came together for ELEVATE: A Memorial Health Leader Experience. The event was the first large-scale, in-person leader meeting held at Memorial since the COVID-19 pandemic. Leaders heard from Mandy Eaton and other members of the Enterprise Leadership Team about how their roles will help Memorial continue to fulfill its mission and meet strategic goals for high-quality care and patient experience in the coming years.



Project SEARCH Encourages Successful Transition from School to Employment

Bree Wright, 19, loved her time with Project SEARCH, an innovative program for high school students with disabilities, and sponsored by Springfield Memorial Hospital (SMH), Springfield District 186, SPARC and the Illinois Department of Human Services.

Project SEARCH has the added benefit of creating a recruiting flow as some interns are then encouraged to apply for full-time positions upon graduation.

As a Springfield High School student, Bree's favorite work rotations at SMH included the Special Procedures Area (SPA), central supply and the warehouse. Unfortunately, there weren't any openings in those areas after graduation. Instead she applied for and was hired into the Foods and Nutrition department.

Jim Mordacq, a food service manager with Foods and Nutrition, is glad Wright came on board.

"Bree is bright and energetic and brings a positive attitude toward her work," he said. "We look forward to seeing her grow and excel in the workplace as she learns all her new job duties and responsibilities."

As a part-time colleague, Wright works from 7 a.m. to 3:30 p.m. on weekdays. Some of her tasks include cleaning the lobby area, slicing up sheet cakes and making ice cream.

"I really enjoy Memorial and plan to stay there as long as I can," Wright said. "The people I work with are very friendly and understanding. They accept me for who I am, and I'm very proud to be working beside them."

Project SEARCH is an international program that began at Cincinnati Children's Hospital in 1996. Springfield Memorial Hospital debuted Project SEARCH in November 2021 with 12 students attending job skill classes on-site every morning before they started work in the Emergency Department, surgery units, Central Supply, Sterile Processing, Food and Nutrition, Environmental Services and other areas.

"Project SEARCH not only provides hands-on learning and department training for the interns, but it also gives them a realistic idea of what different jobs entail," Mordacq said. "It really allows them to experience what is required to be successful in a full-time work environment."

"The people I work with are very friendly and understanding... they accept me for who I am."

Bree Wright



Memorial Health Consolidated Statement of Operations



Revenues	FY25	FY24
Net Patient Service Revenues	\$ 1,565,009	\$ 1,444,494
Capitation Revenues	\$ 94,726	\$ 123,830
Other Operating Revenues	\$ 90,171	\$ 66,327
Total Operating Revenues	\$ 1,749,906	\$ 1,634,651
Total Nonoperating Gains (Losses), net	\$ 38,674	\$ 78,147
Total Revenues	\$ 1,788,580	\$ 1,712,798

dollars in thousands

Expenses	FY25	FY24
Salaries and Benefits	\$ 897,898	\$ 833,973
Physician Fees	\$ 142,684	\$ 119,183
Patient Service Supplies	\$ 486,333	\$ 446,150
Hospital Provider Assessment	\$ 80,228	\$ 51,968
Purchased Medical Services	\$ 53,565	\$ 71,407
Depreciation	\$ 75,974	\$ 69,523
Interest Expense and Other Financing Costs	\$ 12,801	\$ 12,963
Excess (Deficit) Available for Facilities Improvement Funds	\$ 39,097	\$ 107,631
Total Expenses	\$ 1,788,580	\$ 1,712,798

dollars in thousands



Memorial Health Operating Statistics

Decatur Memorial Hospital	FY25	FY24
Licensed Beds	280	280
Patient Days of Care	41,171	37,269
Discharges	8,560	7,833
Average Length of Stay	4.81	4.73
Outpatient Visits	199,844	198,321

Springfield Memorial Hospital	FY25	FY24
Licensed Beds	500	500
Patient Days of Care	127,746	128,130
Discharges	22,852	21,753
Average Length of Stay	5.59	5.89
Outpatient Visits	476,547	505,600

Jacksonville Memorial Hospital	FY25	FY24
Licensed Beds	25	25
Patient Days of Care	7,045	7,281
Discharges	2,115	2,022
Average Length of Stay	3.33	3.60
Outpatient Visits	92,168	87,934

Taylorville Memorial Hospital	FY25	FY24
Licensed Beds	25	25
Patient Days of Care	1,123	1,250
Discharges	388	413
Average Length of Stay	2.89	3.03
Outpatient Visits	38,785	37,858

Lincoln Memorial Hospital	FY25	FY24
Licensed Beds	25	25
Patient Days of Care	1,102	1,429
Discharges	324	403
Average Length of Stay	3.40	3.55
Outpatient Visits	41,460	41,279

Memorial Behavioral Health	FY25	FY24
Total Mental Health Encounters	73,513	85,808
Mental Health Clients	54,726	60,789
Memorial Counseling Associates Clients	18,787	25,019

Memorial Medical Group	FY25	FY24
Clinic Visits	256,670	251,058
Urgent Care Visits	138,652	160,196

Memorial Home Care	FY25	FY24
Hospice Days of Care	33,662	24,874
Home Health Visits	32,566	32,470

Decatur Medical Group	FY25	FY24
Clinic Visits	140,901	132,917



Community Health Needs Assessments and Implementation Strategies

Every three years, Memorial Health conducts Community Health Needs Assessments in collaboration with county health departments and other community health and social service providers.

The most recent Community Health Needs Assessments were conducted in 2024 and produced a new set of priorities that will be addressed in FY25–27 as part of each hospital's Community Health Implementation Plans (CHIPs).

Detailed information on each hospital's Community Health Needs Assessment and outcomes of the implementation strategies are available at [memorial.health/about-us/community-health](https://www.memorialhealth.com/about-us/community-health).

Community Health Needs Assessment 2025–2027 Priorities

MEMORIAL HEALTH

- Mental Health

DECATUR MEMORIAL HOSPITAL

- Mental Health
- Racism
- Cancer
- Unemployment

JACKSONVILLE MEMORIAL HOSPITAL

- Mental Health
- Heart Disease
- Cancers
- Healthy Eating

LINCOLN MEMORIAL HOSPITAL

- Mental Health
- Healthy Weight
- Cancers

SPRINGFIELD MEMORIAL HOSPITAL

- Mental Health
- Chronic Diseases
- Homelessness
- Substance Use

TAYLORVILLE MEMORIAL HOSPITAL

- Mental Health
- Heart Disease
- Access to Primary Care Physicians



BY THE NUMBERS:

Funded Organizations



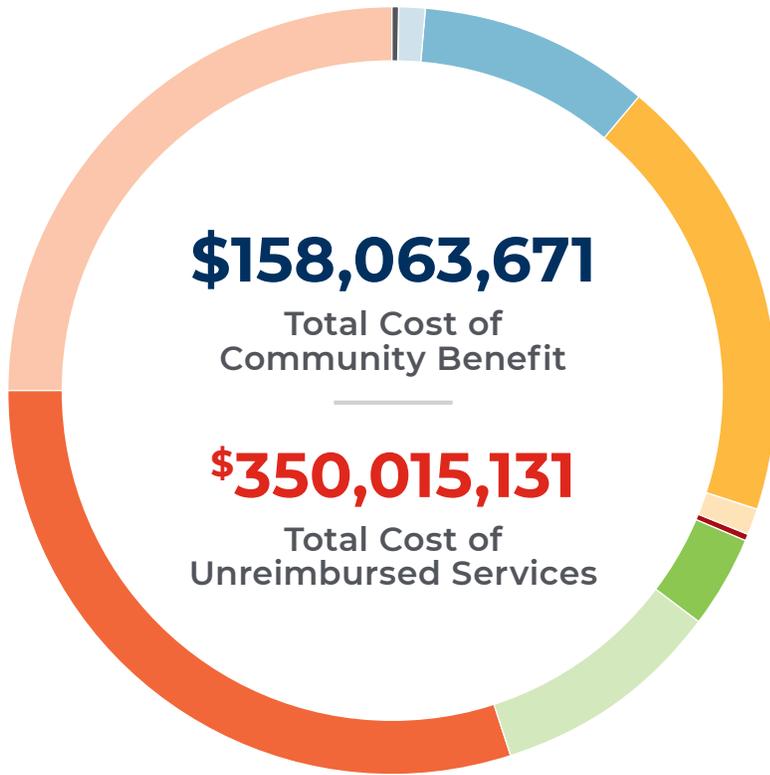
\$354,500+

In FY25, Memorial Health provided more than \$354,500 to support organizations that address social drivers of health in our communities, meeting the needs of local residents in areas like transportation, housing, food insecurity and much more.



\$125,000+

Memorial also provided more than \$125,000 in donations to support community events and activities that promote better health.



● Community Health Improvement	\$ 1,770
● Health Professions Education	\$ 3,734
● Subsidized Health Services	\$ 34,298
● Research	\$ —
● Cash/In-Kind Contributions	\$ 65,543
● Community Building Activities	\$ 4,027
● Community Benefit Operations	\$ 810
● Financial Assistance	\$ 13,397
● Unpaid Medicaid	\$ 34,484
● Unpaid Medicare	\$ 105,239
● Bad Debt	\$ 86,710

dollars in thousands



BY THE NUMBERS:
Virtual Cancer
Support Groups



95

breast cancer group participants



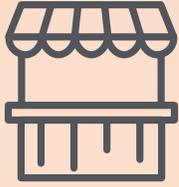
128

prostate cancer group participants



146

Finding Hope participants,
a group for caregivers and anyone
impacted by cancer



BY THE NUMBERS:

LMH Market

Lincoln Memorial Hospital hosts the LMH Market, connecting Logan County residents with fresh local produce.



13,517

visitors in 2025 season



886

Power of Produce Club activities completed by 5-12 year olds



327

free health screenings provided



\$11,280

SNAP matching funds provided



\$59,309

in produce sales

Decatur Memorial Hospital

FY25

Community Benefit Total	\$ 16,149
Patient Financial Assistance	\$ 2,644
Unpaid Medicaid	\$ 5,087
Other Community Programs	\$ 8,418
Decatur Memorial Foundation	\$ 902

Jacksonville Memorial Hospital

FY25

Community Benefit Total	\$ 12,523
Patient Financial Assistance	\$ 2,620
Unpaid Medicaid	\$ 106
Other Community Programs	\$ 9,797
Jacksonville Memorial Foundation	\$ 19

Lincoln Memorial Hospital

FY25

Community Benefit Total	\$ 6,917
Patient Financial Assistance	\$ 750
Unpaid Medicaid	\$ 2,363
Other Community Programs	\$ 3,804
Lincoln Memorial Foundation	\$ 159

Springfield Memorial Hospital

FY25

Community Benefit Total	\$ 112,938
Patient Financial Assistance	\$ 6,202
Unpaid Medicaid	\$ 20,640
Other Community Programs	\$ 86,096
Springfield Memorial Foundation	\$ 437

Taylorville Memorial Hospital

FY25

Community Benefit Total	\$ 2,257
Patient Financial Assistance	\$ 593
Unpaid Medicaid	\$ 1,242
Other Community Programs	\$ 422
Taylorville Memorial Foundation	\$ 110





TMH Partners with YMCA for Back 2 School Health and Resource Fair

A Back 2 School Health and Resource Fair for Taylorville residents was a resounding success in early August with more than 175 people attending.

Taylorville Memorial Hospital and the Christian County YMCA co-sponsored the event, which was held at the YMCA. Participants of all ages enjoyed a free community cookout provided by Dinner Seasoned with Love, music, games, kids' activities, free haircuts, a produce giveaway and prizes.

"This was the second year for the event, and the turnout was gratifying," said Jay Boulanger, community health consultant for TMH. "It really is an awesome opportunity for busy families to get organized and ready for the upcoming school year with a ton of resources readily available."

Healthcare providers from SIU School of Medicine, Springfield Clinic and TMH were also on hand to share information about health screenings, available mental health resources and even on-site school physicals and vaccinations.

Glenda Woolard saw the event advertised on Facebook and attended to check on giveaways for their teenage granddaughter who lives with them. She talked with two Taylorville school nurses about scheduling a school physical and required vaccinations, picked up school supplies including a backpack and also took home a bag of free produce.

"Everyone was so nice and helpful," she said. "I first thought maybe it was just for people with younger kids, but I was really glad I went. I learned things I needed to know for our granddaughter. We don't like to ask for help, but sometimes we have to. We are glad there are resources out there."





BY THE NUMBERS:

Walking Challenges

LMH



582

total participants in two challenges



43%

of participants in May challenge reported improved mood and increased energy

TMH



421

total participants in two challenges



28,010

total miles walked

JMH



8,153

participant encounters at Walking for Wellness

Bringing Wellness Resources to Local Families

Decatur Memorial Hospital partnered with Decatur Public School District 61 to present the “Health is a Journey” Fair at Hope Academy in Decatur in February. The event featured health screenings and resources, free activities like taste tests and cooking demonstrations, indoor workout demonstrations plus giveaways from 17 different vendors.

The event had a special impact for one participant, after results of a wellness screening indicated a possible thyroid issue.

Real estate agent Lashawn Fields, 47, staffed a booth with resources about home ownership. She was across the walkway from the DMH booth where they were doing thyroid screenings and walked over during a break.

“I had heard from some of my friends in their 40s about thyroid issues and thought I might as well check it out,” she said. “I was curious about what was involved. They used an ultrasound machine on my neck and found a nodule on my thyroid on my left side. The whole thing only took about five minutes. I was a little scared, but they reassured me and advised me to follow up with my primary care doctor with the screening results.”

Fields scheduled a follow-up appointment with her physician, and additional tests came back normal.

“They will keep an eye on it,” she said. “I had never heard about wellness events until the organizer contacted me about having a booth. It’s definitely something needed in our community.”

The wellness fair was part of DMH’s ongoing partnership with Hope Academy, a K-8 school in Decatur Public School District 61 that serves mostly students from low-income families.

In addition to providing health and wellness resources for families, the partnership also allows students to explore healthcare careers.

“Our partnership with Hope Academy is one way that DMH is working to meet health needs by bringing our services to the community,” said Sonja Chargois, DMH community health consultant.





Mental Health Partnership Sends “Wellness On the Go!” Kits to Area Libraries

Timely and resource-packed mental health kits are now available for people to check out of their area public libraries, thanks to a regional community health initiative that features a partnership between Memorial Health and public libraries in Decatur, Jacksonville, Lincoln, Springfield and Taylorville.

“Wellness on the Go!” provides free, family mental health kits designed for ages 3 through adult. The materials include something for all ages and include books about emotions and mental health, worksheets on breathing and grounding techniques, coloring sheets, local support and mental health resources.

The partnership with area libraries is key in offering this resource to the public.

“Libraries are valuable community hubs, offering resources for people of all ages and stages of life,” said Molly McCain, a Memorial Health community health consultant. “Our goal is to reduce barriers to health information, raise awareness about available resources and strengthen collaboration with our local libraries. Librarians are genuinely excited about this resource being available in their communities.”

The kits can be checked out for a two-week period. Anyone in the community is free to check out the kits, and a library card is not required.

Mental health was identified as a priority for all five counties in the Memorial Health service area as part of the 2024 Community Health Needs Assessment report.



BY THE NUMBERS: Colorectal Cancer Screenings

DMH



82

kits distributed



42

kits returned



5

positives

JMH



85

kits distributed



10

kits returned



5

positives





Everyday Nutrition Class Helps People Be More Proactive About Their Health

A free educational program last spring led by Kevin Londe, DO, a primary care physician with Memorial Care in Lincoln, encouraged people to feel empowered to make healthy nutrition and exercise choices.

The four-week class held at the Lincoln Park District (which co-sponsored the class along with Lincoln Memorial Hospital) drew an average of 20 participants each week, with more than 35 registering.

“Our attendees learned about counting calories and understanding nutrition labels,” said Dr. Londe. “We also discussed the benefits of intermittent fasting, types of preferred diets for those with co-morbidities and the importance of different types of exercise to maintain muscle mass and benefit your cardiovascular system.”

One of LMH’s three priorities for the community health needs assessment report was healthy weight along with cancer and mental health.

“This program was a direct result of the community health needs assessment report, which identified ‘healthy weight’ as a priority,” said Molly McCain, community health consultant for LMH. “Giving people tools to better understand how a healthy diet and exercise can benefit their health is one way to address that priority.”

Reviews were positive for the class content. One participant wrote in a post-class survey: “I learned I have been way under my calorie needs on a daily basis, especially for as physically active as I am. Once I increased my calories, I started losing again.”

Another appreciated the reminder that even some exercise is better than none.

Additional classes are being considered for 2026.



BY THE NUMBERS:

Trauma Informed Care Training Sessions

Hosted by each Memorial Health hospital in FY25



5

in-person sessions held



2

virtual sessions held



127

participants



76%

Participants reported they had a better understanding of the effects of trauma as a result of the training



Improving Community Health, One Person at a Time

Jacksonville Memorial Hospital's past Community Health Needs Assessments have identified access to healthcare as a concern, particularly among residents of underserved areas of the community. Healthy Jacksonville, a program founded by JMH in 2018, works to connect these residents with care using a community health worker model.

In 2025, 18 clients "graduated" from the program.

"While many clients are referred to Healthy Jacksonville by medical providers, our largest single source of referrals comes from the Jacksonville Police Department," said community health worker Erika Procarione.

Last year, the Jacksonville Police Department made Procarione aware of a household that was experiencing a high number of emergency calls due to one family member's substance use. Procarione worked with the individual to address the factors that kept them from completing a residential rehab program—improving not only their own quality of life, but also that of their family.

"I cannot believe where we are today and where we had come from," a family member said. "We never thought something like this would happen to our family, but it did. If it wouldn't have been for the help of Healthy Jacksonville, along with other people in the area, we would not have made it."

Healthy Jacksonville is also involved in an array of other initiatives that seek to address specific health needs in the community, including LINK matching at the local farmers market. This allows families that struggle with food insecurity to get more for their dollar when buying fresh, healthy local produce.

Healthy Jacksonville has also partnered with local law enforcement to create LEARN (Law Enforcement and Resource Network), which connects people experiencing homelessness or mental health crises with social services and community organizations.

"Improving the health of our entire community is a big goal," Procarione said. "But we see the human impact of this work with every client we graduate."

SMH Launches Food Voucher Program for Food-Insecure Patients

Springfield Memorial Hospital and SIU Medicine are collaborating to help patients treated in the SMH Emergency Department get the resources they need for a healthy recovery.

The program uses SMH social work teams who conduct Social Drivers of Health screenings to identify patients who are food insecure. The patients are then connected with an SIU community health worker who provides them with food vouchers for fresh produce from community gardens and food from area food pantries to ensure better nutrition and aid in recovery.

"More than 100 food vouchers have been distributed since the program's launch in June 2025, and we've already seen improvement in patients' self-sufficiency in terms of access to food," said Galia Cossyleon, SMH community health consultant.

The initiative is part of SMH's Community Health Implementation Plan. Patients are identified for assistance using a screening about social drivers of health, which are defined as conditions in the environment where people are born, live, learn, work, play, worship and age that affect a wide range of health, functioning and quality-of-life outcomes and risks.

One patient who is experiencing homelessness and food insecurity has continued to receive fresh produce from the community garden and food from available pantries, thanks to targeted support from the community health worker.

"Creating relationships in order to facilitate better nutrition for patients in need is one of the goals of this program," said Cossyleon. "It's still a relatively new program, but we are making a difference, one patient at a time."



About Memorial Health

One of the leading healthcare organizations in Illinois, Memorial Health is a community-based, not-for-profit organization that provides a full range of inpatient, outpatient, home health, hospice, behavioral health and primary care physician services. With eight affiliates based in Sangamon and the neighboring counties, we deliver high-quality, patient-centered care in support of our mission to improve lives and build stronger communities through better health.

Decatur Memorial Hospital

DMH provides inpatient and outpatient care to residents of Macon County and the neighboring counties, offering a wide range of general and specialized diagnostic, surgical and treatment services.

Jacksonville Memorial Hospital

JMH is a critical access hospital in Jacksonville serving the residents of Morgan, Cass, Greene, Scott, Macoupin and portions of Brown and northern Pike counties since 1875. JMH provides inpatient and outpatient services and is designated a Magnet® hospital for nursing excellence.

Lincoln Memorial Hospital

LMH is a critical access hospital in Lincoln serving the people and communities of Logan and eastern Mason counties. LMH also offers a spectrum of outpatient rehabilitation, therapy and diagnostic testing.

Memorial Behavioral Health

Memorial Behavioral Health offers a continuum of behavioral healthcare and rehabilitation services for children and adults in Sangamon, Menard, Logan, Mason, Scott, Christian and Morgan counties.

Memorial Care

Memorial Care offers comprehensive primary care, urgent care, virtual care and other outpatient services in central Illinois locations in Beardstown, Chatham, Decatur, Jacksonville, Lincoln, Petersburg, Springfield and Sullivan.

Memorial Home Care

Memorial Home Care provides home health, hospice and medical equipment services across an 18-county region in central Illinois.

Springfield Memorial Hospital

SMH is an acute care Magnet® hospital (for nursing excellence) in Springfield that offers comprehensive inpatient and outpatient services to residents of 40 central and southern Illinois counties. Since 1970, SMH has been a teaching hospital affiliated with Southern Illinois University School of Medicine for the purpose of providing clinical training for residents.

Taylorville Memorial Hospital

TMH is a critical access hospital in Taylorville offering a full range of inpatient and outpatient services to residents of Christian County.





**Memorial
Health**

340 W. Miller St.
Springfield, IL 62702