



ELECTROCONVULSIVE THERAPY (ECT) REFERRAL

- Electroconvulsive therapy occurs on an inpatient basis for all new referrals.
- All new ECT referrals must be able to commit to a minimum of four weeks, as a normal series is 12 treatments; occurring Monday, Wednesday and Friday.
- How the patient tolerates treatment and whether they have a support system in place will help to determine if outpatient ECT is an option for them.
- In order to complete an ECT series on an outpatient basis, the patient will need to understand that they must have continuous supervision by a responsible adult and will not be able to drive or go to work until released by the psychiatrist.

CONTACT INFORMATION

Referring physician:

Name: _____ Phone: _____

Contact person:

Name: _____ Phone: _____

DOCUMENTS

Send the following documents for review:

- For all patients:
 - Medical H&P completed within last 3–6 months
 - CBC
 - BMP
 - TSH
 - Free T4
 - UA
 - Toxicology screen
- If outpatient: past 3–6 months of clinic notes
- If inpatient: all psychiatric progress notes

If found to be a candidate for ECT, patient will need to complete a chest X-ray and EKG before a treatment can be scheduled.

Please complete and fax to the ECT department at 217-788-0029.