# As COVID-19 cases continue to rise throughout our region, you can get the treatment you need more quickly by choosing the appropriate level of care.



Visiting your primary care provider or an urgent care clinic, or accessing telehealth, are quicker and more convenient for non-emergency situations.

#### **Routine Medical Care**

Care you get from your primary care physician including checkups, physicals, health screenings and care for problems like diabetes, hypertension and asthma

- O Cold symptoms
- O Flu symptoms
- O Diabetes management
- O School physicals
- O Sports physicals
- Symptoms of depression
- O Pregnancy tests
- O Medication refills
- O Frequent headaches
- Sudden weight loss or gain
- O Unusual changes in health

#### Telehealth

Virtual visits utilizing
two-way technology,
allowing patients to consult
with a provider

- Cold symptoms
- Cough symptoms
- Flu symptoms
- Skin rashes
- Sore throat
- Urinary issues

## **Urgent Care**

Diagnosis and treatment of medical conditions that are serious or sudden but pose no immediate threat to life and health, requiring medical attention within 24 hours

- Cold symptoms
- Cough symptoms
- O Flu symptoms
- O Fever
- O Fractures
- O Sprains/strains
- O Minor burns and cuts
- O Ear infections
- O Eye infections
- O Skin infections
- Nausea and/or vomiting
- O Sore throat
- Urinary tract infections
- O Skin rashes

### **Emergency Care**

Care provided for life-threatening injuries or illness

- O Chest pain
- Inability to breathe/ difficulty breathing
- O Poisoning
- O Seizures
- Loss of consciousness
- O Severe burns
- O Bleeding
- O Broken bones
- O Any traumatic event