



Close contact exposure: More than 15 minutes in 24 hours within 6 feet

Both isolation and quarantine individuals need to be cleared from the local health department or a dedicated school nurse. Before calling your local health department, please allow several days for the health department to contact you.

Isolation Guidelines (COVID-19 Positive)

Positive Individual (Vaccinated and Unvaccinated)

- Positive cases are put in **ISOLATION** for a minimum of **10 days**.
- Isolation count starts on the date symptoms started. If there are no symptoms, it starts on the individual's test date.
- The first date of symptoms or test date is counted as **DAY 0**.
- People in isolation **can resume normal activities on DAY 11** if cleared by the school nurse or local health department. (*Symptoms must be improving and must be fever-free without fever-reducing medication for 24 hours.*)
- All household members or other close contacts/exposure start quarantine (*see quarantine guidelines*).

Quarantine (Exposed) Guidelines for Asymptomatic Individuals

VACCINATED (Fully vaccinated: >14 days past second COVID-19 vaccine or >14 days past a single dose COVID-19 vaccine.)

One Time Exposure

- Fully vaccinated contacts **DO NOT need to quarantine if asymptomatic**; however, masking is necessary for 14 days when around others. Testing recommended at day 5 after exposure.

CONTINUOUS Exposure

(e.g., positive household member who is unable to isolate)

- Fully vaccinated contacts **DO NOT have to quarantine if asymptomatic**; however, masking is necessary for 14 days past the last exposure. Therefore, masking is necessary for 10 days plus 14 days if student/staff member is with the positive individual during the 10 days. Testing can also be considered at day 5 and 15 due to repeated exposure (*and day 10 if test available*).

UNVACCINATED

One Time Exposure

- QUARANTINE count **starts on the last day** the contact interacted with the positive person.
- People in QUARANTINE **can resume normal activities on DAY 15**, if they remain asymptomatic.
- The last date of contact is counted as **DAY 0**.
- **Exception:** An individual who has a documented COVID-19 positive test in the past 90 days does NOT need to quarantine.
- **SCHOOL:** Follow individual school and county guidelines. In most schools, an asymptomatic student/staff member can return to school at **DAY 11** with a negative test on or after day 10. Individual cannot return to team sports until DAY 15 from exposure, but can return to individual sports (*if able to stay masked and six feet apart*) on day of release to school. Some school districts offer testing and release on day 8 OR testing on days 1, 3, 5, 7 for Test to Stay. If test is positive, isolation for 10 days starts on test day if individual is asymptomatic.

CONTINUOUS Exposure

(e.g., positive household member who is unable to isolate)

- QUARANTINE count **starts on the last day** the contact interacted with the positive person.
- People in QUARANTINE can resume normal activities on DAY 25 if only one person in the house is positive and unable to isolate. The quarantine may be a longer duration if multiple household members are positive.
- The last date of contact is counted as **DAY 0**.
- **SCHOOL:** Follow individual school and county guidelines. In most schools, an asymptomatic student/staff member can return to school at **DAY 21** with a negative test on or after day 20. If test is positive, isolation for 10 days starts on test day if individual is asymptomatic.
- **The quarantine date of a household member changes if a second person (or more) becomes symptomatic or tests positive.** The negative people in the house must restart their quarantine 14 days from the date the last positive person in the house is released from isolation.