

PREVENTING FALLS...

Low Beds and First Step Mattresses

Pay Attention to Side Rails!

Low Beds decrease risk of injury by reducing height if a fall occurs

- Place a *Specialty Bed Referral* order
- Position bed against wall
- Only **3 rails up** (lower rail on patient's **strongest** side)
- Place mat on same side of bed as rail that is down

Special Considerations:

- If unable to position bed against wall, ask MOWS team to order floor mats for **BOTH** sides of bed
- **Ask MOWS team for a long fall sensor pad** (bed alarm is not compatible with the call system)



First Step Overlays

All **4 side rails** **MUST** be raised for any patient on an overlay mattress.

This is **NOT** considered a restraint—this is a safety measure to reduce the risk of patients slipping off the specialty bed surface