

# Donors Make a Difference

2020 COMMUNITY UPDATE

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Abraham Lincoln Memorial Hospital

**FOUNDATION**





# Dear Friends,

2020 was a year none of us will ever forget, as Abraham Lincoln Memorial Hospital and Memorial Health System joined our colleagues around our nation and around the world in the fight against COVID-19.

During the pandemic, our mission to improve the health of the people and communities we serve took on a new, urgent meaning. Our existing partnerships with other like-minded organizations within Lincoln and Logan County were crucial as we worked to slow the spread of the virus, care for those affected and—as the year drew to a close—begin to distribute lifesaving vaccine. The ALMH Foundation was a strong partner in these efforts, providing resources and financial support.

At the same time, the Foundation continued to address existing health needs in our area, drawing on our commitment to taking our mission beyond the four walls of the hospital. The Foundation once again helped to fund the work of the Community Health Collaborative, which seeks to address the social determinants of health and improve the lives of our neighbors. As in past years, we also helped fund the purchase of new medical technologies and provided educational grants for the next generation of local healthcare leaders.

Thank you for investing in the health of our community through your generous support of the ALMH Foundation. Your contributions make our work possible.



Dolan C. Dalpoas  
President and Chief Executive Officer



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Chair, ALMH Board of Directors



Eric D. Graue  
Chair, ALMH Foundation Board of Directors



Sarah L. Helm  
Executive Director, ALMH Foundation



*“Teaching kids to make healthy choices is more important now than ever.”*

# Healthy Food for Learning

School lunches don't typically include locally sourced, from-scratch meals. But students attending the Lincoln Elementary School District 27 (LESD 27) enjoy delicious meals they helped choose thanks to inspiration from the Abraham Lincoln Memorial Hospital Community Health Collaborative and generous donors to the ALMH Foundation.

"As we address obesity in our county, our goal is for our children to enjoy and crave nutrient-dense foods," said Angela Stoltzenburg, director of the Community Health Collaborative (CHC). "If they develop that palate when they're young, it will help them create healthy habits that last a lifetime."

Obesity was identified as an area of concern in Logan County's 2018 Community Health Needs Assessment. The CHC already had a successful partnership with LESD 27 through the CATCH program, which emphasizes a school environment that makes the healthy choice the easy choice.

"Improving school breakfasts and lunches was a natural next step," Stoltzenburg said. "It was important to move away from frozen and processed foods that are so commonly served in school cafeterias so the students could experience a variety of healthy foods and what they look and taste like."

After meeting with the Food Service Director and LESD 27 administration, it was decided that Beyond Green Sustainable Partners, a Chicago-based company, would be the right fit to bring the knowledge and support required to move the cafeteria towards scratch cooking. Beyond Green has successfully helped many schools and other large institutions provide healthier, more sustainable food options. In summer 2019, they began working with LESD 27 cafeteria staff.

Their goals were to increase the number of from-scratch recipes and ingredients purchased locally. At the same time, they wanted to make sure kids were eating and enjoying the new menu offerings. Between September 2019 and March 2020, the number of from-scratch menu items offered at breakfast and lunch more than doubled. But the new meals weren't unfamiliar or "scary"—instead, they were fresher, more nutritious takes on foods the kids already enjoyed. And the students participated in taste tests to provide feedback on favorites like tacos and macaroni and cheese. Side dishes often include roasted vegetables or fun salads.

The CHC and district leaders were determined to make these changes without increasing food costs by finding dollars in the existing school food system. The efforts were successful, largely because of increased monitoring of how much food was prepared and how much food students were throwing away uneaten. In addition, buying unprocessed produce like whole melons and raw meat proved less expensive than buying the same foods processed. Working with local food producers also provides a boost to the county's economy.

The school year came to an unforeseen end in March due to the COVID-19 pandemic. But work resumed as the 2020-21 school year got underway, with students continuing to enjoy fresh meals with ingredients provided by local vendors.

"Teaching kids to make healthy choices is more important now than ever," Stoltzenburg said. "We're proud of the hard work that LESD 27 did and continues to do so that they can offer food that is fresh, local and rich in nutrients to students."



*Kari Adams,  
2020 ALMH Foundation  
Healthcare Career  
Education Grant Recipient*

## Healthcare Career Education Grants

Helping support the next generation of healthcare providers in our community is a cornerstone of our work. A strong clinical care pipeline helps to ensure ALMH is always ready to care for our friends and neighbors. Since 2012, the ALMH Foundation has granted more than \$450,000 in Healthcare Career Education Grants to members of our community. Awards range from \$1,500 for a CNA up to \$30,000 for a graduate degree. After graduation, these students return to join our workforce at ALMH. The ability to invest in talented future care providers is possible thanks to your generous support of the Healthcare Career Education Grant program.

06



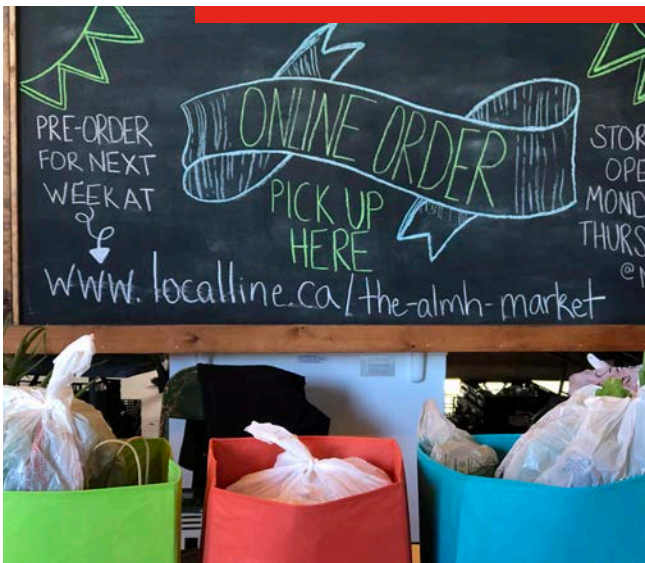
*Brian Minear and Shad Little from Enel Green Power's Hilltopper Wind Farm. Enel generously offered a donation of N95 respirators and disinfecting supplies to help protect our colleagues.*

## COVID-19 Assistance

The COVID-19 pandemic raised public awareness of the heroic work of healthcare providers here in central Illinois and nationwide. That awareness brought an unprecedented outpouring of community support in the form of monetary donations and donations of personal protective equipment and food to nourish our staff. Thank you for the care and compassion you showed our caregivers as they worked to slow the spread of the virus and heal those who were sick. Your generosity and words of support are greatly appreciated.

## Local Generosity Produces Great Impact

Thanks to the generosity of our donors, in 2020, the ALMH Foundation awarded more than \$1,000,000 in grants to improve the health of our community. This funding is transforming health through education, access, screening, nutrition, economic development and so much more!



## The ALMH Market Adapts

Cancellations and adaptations became commonplace across the globe in 2020 as we navigated the COVID-19 pandemic. Everything quickly changed for everyone, everywhere. And while we had planned to celebrate The Market's fifth anniversary with pomp and circumstance, the COVID-19 pandemic reached the United States just two months before it was scheduled to open. However, recognizing that our work to improve the health of the people and communities we serve was more important than ever, the decision was made to move forward with the season. Following safety protocols developed by the Illinois Department of Public Health and the Illinois Farmers Market Association, The ALMH Market adapted and opened on May 16, 2020.

07

Our amazing staff were flexible and creative throughout the season. With safety at the forefront, The Market required masks for all vendors and customers and dedicated significant efforts to hand hygiene and surface cleaning. A marked pathway guided customers through The Market and made it easier for staff to ensure social distancing and monitor the number of people allowed inside at a single time. We also helped keep children engaged at home by providing take-home activities for our Power of Produce Club. The POP Club provides Market customers aged 5–12 an opportunity to earn market tokens by completing Market-related tasks.

While not all of our usual activities could take place, The Market continued to provide a fun, welcoming atmosphere and gave customers an opportunity to develop and maintain important relationships with our vendors. We are proud that The Market completed the 2020 season with more than \$55,000 in produce sales. The POP Club participants completed 187 activities, which resulted in local children earning \$680 to spend on fruits and vegetables at The Market. Another success was the \$13,600 match the ALMH Foundation was able to provide to Supplemental Assistance Nutrition Program (SNAP) recipients, supporting those facing food insecurity.

The Market may have finished its fifth year differently than we could have ever imagined when it began in 2016, but it remains an important part of our community. We are so grateful to our donors who make The Market possible and to our volunteers who provided 83 shifts in 2020 to ensure The Market survived such a challenging time in our world's history. The ALMH Market was able to offer a sense of normalcy, improve access to healthy produce while the food supply chain was under tremendous stress and provide an opportunity for our vendors to play a vital role in our economy.



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08

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# Mission Preserves Annual Giving Club

The following individuals, families and organizations preserved the mission of Abraham Lincoln Memorial Hospital through gifts delivered between Jan. 1, 2020 and Dec. 31, 2020.

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ANNUAL GIFTS TOTALING  
\$5,000 OR MORE

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the **health** of  
the **people** and  
**communities**  
we serve

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To be the  
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