

Tips for Safe Insulin Administration

**Do NOT hold insulin without a physician's order.
HOLDING INSULIN CAN BE UNSAFE**

Patients may develop DKA from lack of basal insulin or become hypoglycemic the following day when the provider increases the insulin dose.

S

- identify the drug and dose in question

B

- describe the accucheck and nutritional status of the patient

A

- relay your concern with the ordered insulin dose

R

- provide a recommendation to hold or lower the insulin dose

Glycemic Goals:

HgA1C	Less than 7%
Pre-Meal Blood Glucose	80 - 140 mg/dL
2 hr Post-Meal Blood Glucose	Less than 180 mg/dL

Call to Action: Do not hold insulin without a physician's order. If you do not feel comfortable administering insulin to a patient, contact the physician to either hold or change the scheduled dose.